

FROM THE PASTOR

Dear Friends,

When Karen and I lived in Dover, NH in the early 1970's we were active at First Parish Church. The pastor, Art Domingue, preached extemporaneously every week. It was years before I attended theological school, but I liked his way of speaking, and I thought if I ever worked in a job, self to familiarity between listeners and the speaker. It enables the speaker to register the impact of the spoken word as the listeners' expressions vary. Smiles and frowns are evident. Excitement and boredom can be read clearly. Glazed eyes can be noticed before the stage of snoring is reached. Affection between speaker and listeners prompts respect. Practicing affection mindfully enables patience, forgiveness, and humility, features that are necessary for community life to be sustained.

Art once said that the sermon needs to be part of the ongoing conversation with the community during the rest of the week. Since I began working in Canterbury in September, 2012 I have received more active responses to my sermons than in any other time in 36 years of parish ministry. You have engaged me in many ongoing conversations. And, many of you have shared with me copies of essays and books that relate to subjects we discuss. Stacks of these adorn my study at home.

While pondering a writing task several days ago, I remembered a copy of an essay by farmer, poet, essayist, novelist and environmentalist, Wendell Berry, given to me in the fall of 2012. "It All Turns on Affection". I needed to return to that essay, but I had forgotten where I'd put it (a careful place, no doubt). Fortunately, memory served me well, and I found the essay within a couple of minutes.

Affection is the ingredient that holds families and communities together, sustaining them. Berry says that this is the most important part of what it means to be human, and without it we are wandering, mobile seekers after one stimulating and distracting thing after another. If done to excess, Berry says doing it at all, we give affection to things which destroy, and this is wrong. Berry says that the word "affection and the terms of value that cluster around it – love, care, sympathy, mercy, forbearance, respect, reverence – have histories and meanings that raise the issue of worth. We should give our affection to things that are true, just, and beautiful."

Affection is given and received, we learn how, in small communities that are sustainable. To be sustainable we need to honor two cycles, the fertility cycle of birth, growth, maturity and death, in harmony with a cultural cycle. The cultural cycle is an unending conversation between old people and young people. "The fertility cycle turns by the law of nature. The cultural cycle turns on affection."

As we feel ourselves stretched too thin by our schedules, full of many things that are essentially good, but straining every day the weave of affection in our families by the sheer weight of them, I wonder if we are indeed doing violence to ourselves, having lost the art of continuous conversation between people of all ages.

I invite you to join us for this conversation at Canterbury United Community Church, or by other means in our community, at nightly supper tables, and in the center of town gathering places. This is not an issue for church people only. If we care at all for the life of this community, this small and intimate gem of humaneness, then this conversation requires our attention, our affection.

With deep and fond wishes for Easter blessings for you all.

Gratefully,

Bill Donoghue

Gratitude

Dear Friends, During the weeks following the sudden death of my brother, John, on Jan. 22, I received all manner of gifts from you, holding me and my family in your thoughts and prayers, attending the events of calling hours and funeral Mass, and hugs, lots of hugs. Please know that Karen and I are deeply grateful for your loving support. My family, who all live in the Boston area, were astonished and impressed with your visible support from Canterbury. Thank you, Bill

Published for the Community by the
Canterbury United Community Church

March 2016

**CANTERBURY UNITED
COMMUNITY CHURCH**

CHURCH OFFICE 783-9365
Tues., Wed., Thurs. mornings.
Please call first.
CanterburyChurch@myfairpoint.net

RESERVE PARISH HOUSE
783-4419, Judy Patterson

CANTERBURY FAIR
twitter.com/CanterburyFair
www.facebook.com/CanterburyFair

CANTERBURY NEWSLETTER
Deadline: 15th of the month prior
to the month you want the article to
appear.

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540-9877

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newslettercanterbury@gmail.com

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783-9944, mmorrison@sau80.org

Town Crier: Lois Scribner
scribnerlois@gmail.com
Note: The Town Crier needs news
by NOON on Wed. to appear in the
following Sunday Concord Monitor

AROUND TOWN

LOUDON FOOD PANTRY 724-9731
For aid: 30 Chichester Rd Unit D,
Loudon;
Mon-Thurs. 10:00-11:00 am and 3:00-
6:00 pm

106 BEANSTALK 783-4305
Mon.-Sat., 5:30 am - 9:00 pm
Sunday, 5:30 am - 7:00 pm

CANTERBURY STORE 783-9933
Mon.-Sat., 6:30 am - 6:30 pm
Sunday, 8:00 am - 6:00 pm

COBBLE POND FARMS 617-0544
Every day 5:30 am - 9:30 pm

BROOKFORD FARM STORE
742-4084
7:00 am to 7:00 pm everyday

POST OFFICE 783-4158
Mon. - Fri., 10:00 am - 5:00 pm
(closed 12:30 -1:30 pm);
Sat. 8:30 am – noon

TOWN OFFICES & ORGANIZATIONS

BUILDING INSPECTOR 783-9033
Jim Snyder, Saltcreek@aol.com
RECYCLING CENTER 783-9980
Wed., 4:00-7:00 pm, Sat. 8:00 -6:00
CanterburyTransferandRecycling@gmail.com

FIRE PERMITS: See Town website
canterbury-nh.org

HIGHWAY DEPARTMENT 783-4123
canterburyhighway@canterbury-nh.org
LIBRARY 783-4386
Mon. 2:00-8:00 pm, Tues., 9:00-6:00 pm
Wed. & Thurs., 9:00 am - 8:00 pm
Saturday, 9:00 am - noon

CANTERBURY POLICE OFFICE
783-0433 (non-emergency)
Tues.-Fri., 9:30 am - 2:30 pm
Concord Police Dispatch
(non-emergency): 228-1010
EMERGENCIES — 911

FIRE DEPARTMENT
Fire Station: 783-4798
Fire Station Fax: 783-8964
Fire Chiefs e-mail:
canterburyfire@canterbury-nh.org
Emergency Calls: 911

**SELECTMEN'S OFFICE AND
ASSESSOR'S OFFICE 783-9955**
Mon., Wed., & Fri., 9:00 am - 1:00 pm
selectmen@canterbury-nh.org
assessing@canterbury-nh.org

TOWN CLERK/TAX COLLECTOR
783-0153
Monday, 9 am-3 pm, Tues., 12 pm-7 pm
Thursday, 3 pm - 7 pm
taxcollector@canterbury-nh.org
townclerk@canterbury-nh.org

TOWN ADMINISTRATOR:
kfolsom@canterbury-nh.org
PLANNING BOARD:
planningboard@canterbury-nh.org

ZONING BOARD:
zoningboard@canterbury-nh.org
CONSERVATION COMMISSION:
conservationcommission@canterbury-nh.org

MONTHLY COMMITTEE MEETINGS
Meet at the Meeting House (MH) unless
otherwise noted

Conservation Commission
2nd Monday, 7:00 pm, MH
Fire & Rescue (at Municipal Complex)
Business Meeting: 1st Mon., 6:30 pm
Officers Meeting: Last Thurs., 7:00 pm
Trainings: All other Mondays, 7:00 pm
Library Trustees
2nd Monday, 7:00 pm, Elkins Library

Planning Board
2nd Tuesday, 7 pm, MH
4th Tuesday as needed
Recycling Committee
4th Monday of each month, 6pm •MH
Renewable Energy Committee
Third Tuesday, 7:00 pm, MH

Selectmen
1st & 3rd Monday, 6:00 pm, MH

CLASSIFIEDS

GULF BROOK RENOVATIONS "When Ordinary Just Won't Do".
Bathrooms, Kitchens, Additions & more. Aging-in-place specialist &
Certified Green Professional. Jim Higgins 226-0212
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MAGOON TREE - Residential tree service. Snow removal, 70' bucket
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CANTERBURY PLUMBING & HEATING: Plumbing, Heating &
HVAC, gas fitter. New construction to small problems &
repairs. Master Lic. #2713. *Better Business Bureau rated A+.*
Chip Hacking (h) 783-4683, (c)731-9051.

CANTERBURY KIDS LEARNING CENTER offers a half-day
preschool program with full-day child care, before/after school
care and summer care for children 3-12 yrs. Located at the
Parish House 783-4370.

MAQ DESIGN – offering quality custom upholstery, slipcovers that
fit, and artisan window treatments – Where Quality Counts And
Details Make The Difference! By appointment.
maryann@maqdesign.net, 783-9640, maqdesign.net.

EXPERIENCED PAINTER with a good eye & steady hand
looking for indoor work for winter months. Responsible,
trustworthy & meticulous. Reasonably priced. Call Al Edelstein
783-0335 or email:pmpylawncare@myfairpoint.net.

CANTERBURY HALL is a licensed assisted living facility with large
private rooms and attached baths available. We offer a family style
environment with home cooked meals and friendships between
Residents, families and staff. We consider ourselves a community in
which people come to in order to continue living life as fully as
possible. Please call 783-9822 and speak with Cate or Ann FMI.
Canterburyhall.com [603-783-9822](tel:603-783-9822)

BROOKWOOD PET RESORT, LLC is owned and operated by your
neighbors, Art and Carol Landry, and their sons Mark and Kevin.
Overnight boarding for dogs and cats, doggie day camp, grooming,
obedience and agility training, and pet supplies. Herding lessons
and fresh duck eggs available off premises.
www.brookwoodpetresort.com. (603) 783-4040. 37 Old Boyce Road,
just off exit 17.

GREG'S DOG WALKING SERVICE - Walking, jogging, and hiking
available in the evenings and weekends. \$10 per half hour. Please
call or e-mail for a free meet and greet. 207-227-5323;
gregdogwalker@gmail.com

CENTRAL ENERGY, LLC "OFFERING 4 GENERATIONS OF
EXPERIENCE" Oil burner service, new heating systems, oil
tank replacements, and water heaters. Boiler and furnace
tune-ups. 24 hour emergency service. Call Barry at [603-724-
9603](tel:603-724-9603) here in Canterbury and visit us at
www.centralenergy1.com

BROOKFORD FARM's Spring and Summer 2016 CSA
registration is open! Support local and sustainable farming
- reserve your share today. For more information email us
at brookfordfarm.csa@gmail.com or check our updated
website www.brookfordfarm.com

HOW TO PLACE A NEWSLETTER AD

The deadline is the 15th of each month. \$7 for 30 words or less or \$14
for up to 60 words. Please email ad to newsletter (see address below)
and mail payment to CUCC, PO Box 216, Canterbury, NH 03224.

Must be received by the 15th!

LIBRARY NEWS

The Library Trustees will meet on Mon. March 14 at 7:00.

ROCK N' READ is a music and movement program for babies and toddlers. Come join the fun on **Tues. March 8 and 22 at 10:00**. We have a wonderful group of children that meet, sing and play together. Stay for an age appropriate craft after the program.

STORY HOUR on **Tues. March 1 and March 15 at 10:00**. Each story hour includes songs, a book, a five minute dance party, a craft and sometimes a goodie to eat! What fun! We have been rolling out all the "wiggle dances" to shake out the winter wiggles!

EXTRA CHILDRENS PROGRAM on **Tues. March 29 at 10:00** – bring your babies, toddlers and preschoolers to this special reading time together. Playdough fun to follow!

LEGO CLUB: Come create! **Tues. March 1 and 15** from **4:00-5:00**. This is a "drop in" club that requires no sign up. Come when you can and stay until your parents tell you it's time to leave! This is a time for parents and children to play together.

MAKER SPACE: Back by popular demand - Magformers! We love these things! These super magnets are fun for all ages. Join us every Mon. and Tues. after school to play after your homework is complete.

YOUNG READER'S CLUB: **Mon. March 28 at 3:15**. Grades 4-6 are having a dance party to shake out the winter blahs. Come be involved in this BIG group – join in an ice breaker activity and learn more about each other. Choose books that YOU want to read. Oh yeah, and we eat pizza and drink soda.

TAG: Teen Advisory Group: Mon. March 28 at 6:00. You really have to check out this awesome new group at the library. Come and have fun with Sue and Mrs. Baker! Each month features great discussion and food – come enjoy pizza and soda in March. This month we examine Studio Ghibli – a Japanese animation film studio based in Tokyo Japan! Awesome!

1000 Books Before Kindergarten. Studies show that reading to your baby is the most important thing you can do. Come in a grab a chart and some sticker. If you complete a chart showing that you have read 100 books and turn it in to Mrs. Baker – the next time you come to the library, there will be a present waiting for you! We have some children filling out chart #3!

The BOOK GROUP meets **Tues. March 15 at 7:00** to discuss *The Nightingale* by Kristin Hannah. Copies are available at the library.

The Zen of Adult Coloring: We have so many interesting people attending this adult program. Bring a friend, practice meditation and mindfulness; enjoy some refreshments while coloring relaxing designs with colored pencils. Refreshments served. **Every Thursday at 1:30.**

Continued...

NEW! OMBBC (Old Man Boring Book Club) Join us for reviews of the latest history and biography books available at Elkins Library. The club consists of several 'mature' adults from the community with varies backgrounds including retired schoolteachers, a local historian, retired postmaster and veterans from the Navy, Marines and Air Force and the current Town Administrator. We will meet Thurs. March 3 at 7:00 and will continue to meet the first Thursday of each month. Please join us and offer your suggestions!

The Knitting Group continues meeting Wed. evenings at 6:30 by the fireplace.

Quilters every Wed. morning from 10 – 1.

Scrabble every Monday night at 6:00. Come join in!

Games! We have popular board games for all ages to enjoy at the library.

Puzzle Swap – stop by, take one and leave one. All puzzles should be at least 500 pieces and in very good condition with all pieces in the box.

GENEALOGICAL RESEARCH with **SAM PAPPS**
2 Sessions to Choose From!

THURSDAY, MARCH 17 at 1:30 - 2:30 or 7:00 – 8:00. Recently, the Library added **ANCESTRY LIBRARY** and **HERITAGE QUEST** which are online family history research websites that offer instant access to hundreds of years of documents and millions of historical photos from all over the world. Become acquainted with navigating these sites with Sam. Both can be accessed at the Library, *AND Heritage Quest can be used from home with an ID and Password provided by Elkins Library.*

MEDITATE: Looking to unwind in these hectic times? Join Fran Nash for an hour of gentle stretching and meditation **Friday, March 18 at 6:30**. Wear loose comfortable clothing and bring a mat or blanket to lie on.

You don't have to wait until June to enjoy some of the benefits of the Canterbury Community Farmer's Market. Join a few of the market vendors as they present information sessions and workshops at Elkins Library. **For details see the Farmers Market Article on page 9 of this newsletter.**

RUG BRAIDING! Kate Goegel will teach rug braiding on Thursday mornings **March 24, 31 and April 7 from 10:00-12:00**. From beginner to advanced, all are welcome to craft a 13" chair cushion. There is no cost for the class; there will be a small fee for the materials. The class is limited to 6, so **sign-up is required**. Kate will have a list of supplies needed at the library such as scissors, etc. Kate will be happy to answer questions 783-4079.

CHURCH NEWS

Holy Week

Palm Sunday, Festival of the Palms, March 20, 10 a.m. Join us for this day of remembering Jesus' entry into Jerusalem for the Passover Feast.

Mundy Thursday, March 24, 7 p.m. Tenebrae Service with Communion, in the Parish House. This ancient Christian service remembers the Last Supper of Jesus and his disciples. Communion is celebrated. Readings of the last hours of Jesus' life are read by Confirmation Class members and High School students. After each reading a candle is extinguished, with a dark stillness in the room at the end. In the dim light attenders leave in silence. Yearly attenders often say this is the most meaningful liturgy of the year for them.

Easter Sunday, Sunrise Service at 6 a.m. at the eastern edge of Shaker Village, the usual location. Dress warm, bring blankets. This is always an important gathering in community, and reflects truly the stark simplicity of the first Easter morning.

Easter Worship, in the church sanctuary, 10 a.m., with full choir, the adorning of the cross with flowers, a joyful celebration of new life in Christ.

The Cross

Once again, the Diaconate of CUCC will have the large wooden cross in our sanctuary towards the end of Lent. On Easter Sunday during worship, we'll adorn the cross with fresh flowers, and the cross will be placed by the lamppost just outside the church following the service.

2016 CUCC Youth Group Sponsored Easter Breakfast

For the hearty souls making it to the Sunrise Service, and for the less adventurous "sleeper in-ers," come join us for the annual Easter Breakfast! Warm coffee, delicious home-made vittles, and smiling (or surly?) teenagers await your arrival! Come one, come all! Details are as follows:

Date: Easter Sunday, March 27, 2016

Where: Parish House

Time: 7:30-9:30 am

Cost:

Seniors (65+) and Children (6-9) \$3.00

Children 5 and under are free

Ages 10-64 \$5.00

Families \$15.00

Wanting to make a donation of food or funds? Please contact Polly Camire at 783-8374 (before 9 pm)

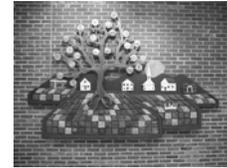
Canterbury Benevolent Society

Did you ever wish to go to New Zealand? On Wednesday, March 9, Rich and Jessie Tichko will present a program on their adventures to New Zealand. The viewing will take place in the Parish House at 1 PM. Rich and Jessie will also be the hosts. Everyone is welcome to attend for an interesting adventure.

~ Judith Patterson

Newslettercanterbury@gmail.com

CES NEWS



The Shaker Regional School District Annual Meeting will take place on Friday, March 4 at Belmont High School. Polls will be open from 11:00 am to 7:00 pm to act on the first three warrants which include **Article 1-** SB2 RSA 40:13 to allow official ballot voting on all issues to come before the District, **Article 2-** The election of the Moderator, and **Article 3-** Election of Officers. Positions to be filled are: Belmont School Board Member – 1 member to serve for three years (2019) Canterbury School Board Member - 1 member to serve for three years (2019). The business meeting will begin at 7:00. Members of the high school National Honor Society will be available for babysitting. Voters in both towns can vote for a Canterbury board member and a Belmont board member.

March is "I Love to Read Month" at CES and we are looking for volunteers to come into school to read to the children. If you can spare 15 to 20 minutes to read a book of your choice or one provided, please contact the school and we will schedule a time, date and class to meet your preferences.

Registration of new students for the 2016-2017 school year will take place during the week of March 7th from 9:00 A.M. to 2:30P.M each day. A copy of a birth certificate and immunization records are required for registration. Incoming kindergarteners must be five years old as of September 30, 2016 and children registering for first grade must be six years old as of September 30, 2016. Students who have attended kindergarten in the district do not need to register for grade 1. Please call the school if you have any questions concerning registration. (783-9944)

This year's "Monster Concert" will be held on March 16th at Belmont High in the school gymnasium. Music director, Carlos Martinez, will lead the district's beginning bands and High School music director, Lauren Fountain, will conduct the middle and high school bands. This will be the first year we have both fourth and fifth graders participating. The program will begin at 7:00 P.M.

A "Child Find Clinic," sponsored by the School District, will be held on Tuesday, March 22nd from 1:00 pm until 3:00 pm at Canterbury Elementary School. This assessment service is for children ages 2 1/2 through 5 who are not enrolled in a public school program and may have a disability or a developmental delay. The screening and evaluation (if deemed necessary) are free of charge. Required appointments can be made by calling the Office of Student Services at 267-9222.

March 4	School District Meeting BHS – 7:00
March 8	School Board BES 6:00
March 7th to the 11th	Kindergarten Registration
March 16	Monster Concert
March 21	PTO 6:30
March 25	In-Service

AROUND TOWN

What's the News with the Courageous Exploring Scholars?

By: Chad Eley, Owen Pethic and Reece Sachetta

As you may have heard, this year, the Courageous Exploring Scholars (students in Mrs. Wieck's, Mrs. Cameron's and Mrs. Briggs' classrooms) have been working on moving towards personalized learning. We have been working on learning progressions, with a focus on math. Learning Progressions are the pathways to our learning that we follow. We have been working in groups based on which progression (or target) we need to start with.

On January 19th we had yet another Compass Conversation. In this one, we showed a small math skit made by the Courageous Exploring Scholars called Math Maneuvers. It's a big board that is played like Candyland. In the game, you roll a die and whatever number you roll you move up that many spaces. It showed our families how learning progressions work.

We have also started using a Proficiency Scale to show where we are in our learning. This scale takes the place of our grades and we think of it as climbing a mountain. The proficiency scale has four points. A 1 is "I am ready to begin the journey but I am not able to do this, even with help". A 2 is "I am progressing towards this learning goal, I still have concepts to master but I can do it with help". A 3 is "I am proficient at this, I understand and have mastered this goal". And finally, a 4 is "I am an expert! I can apply and extend my learning. I can teach this to others".

We are excited about our learning and would love to share it with everyone!

Lift Your Spirits!

If Cabin Fever has struck, one sure remedy is singing, especially singing with others. For an evening of singing your heart out, come to the Quaker Meetinghouse Friday, March 4 at 7pm for a couple of hours of singing, snacking, and fun. We use the Rise Up Singing and the Rise Again songbooks - there are plenty to borrow if you don't have one to bring. Everyone gets at least one chance to recommend a song or to teach a song. Finger food snacks are welcome or beverages (we'll have tea and coffee).

Adult/Young Adult Morris Practice

Following is a schedule of upcoming practices for Morris Dance! Any and all former dancers – even if you only danced a short time with us – are most welcome! Any new folks interested should call Polly Camire at 783-8374 (before 9 pm) to get information about the group. Practices are all from 6:30-8:00 pm and are held at the Parish House.

March 17
April 21
May 19

Our weekly practices for any new or returning young children will start up the first week in June. We hope to see you there!

~ Polly Camire

Newslettercanterbury@gmail.com

HISTORICAL SOCIETY

TRUSTEES HOLD SUCCESSFUL PLANNING SESSION

The annual strategic planning meeting was held on Saturday, January 23rd. A thorough review of accomplishments achieved in 2015 was done, along with a review of outstanding issues to be addressed in 2016.

TOWN HISTORY PROJECT ON SCHEDULE AND MOVING AHEAD

Kathryn Grover, our writer, has submitted her outline of the book to the town history book committee for review and comment. A sub-committee chaired by Mark Travis will conduct the review and make recommendations to Ms. Grover by March 4th. The first draft of the manuscript is expected by mid-July. Plans call for publication of the book in June of 2017.

RESIDENT INTERVIEWS CONTINUE

The book committee members and volunteers continue to conduct interviews with Canterbury residents (and others) even as we continue to develop the writing of the history. All interviews are recorded and transcribed for placement in the historical society's archives.

FUNDRAISING RESULTS TO DATE

At newsletter press time the history book finance committee, chaired by Tyson Miller, has raised \$68,934.00 or 92% of the goal of \$75,000. Donations are still being accepted at P.O. Box 81, Canterbury, N.H. 03224 (note "book project" on the check).

ONE ROOM SCHOOL HOUSE PROGRAM

At press time, final touches are being put in place for this year's program, which will focus on the Depression years in Canterbury and its effect on daily life. Plans will not only include all Canterbury elementary students attending (even kindergartners), but also second grade students from Belmont.

~ Robert Scarponi

Outreach

I am going back to Zimbabwe on February 22 until April 15. The challenges for ALFZ continue to grow with increased economic challenges compounded by a dry planting season and projected poor harvest which is coming soon. This drives up the cost of food so it is a vicious cycle. I am looking forward to visiting the schools and seeing our kids in their homes, as well.

We are blessed to be able to do what we do. It always puts into perspective how much we take for granted and what we should be grateful for.

Thank you for your support,

~ Sue Heppenstall

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AROUND TOWN

Shaker Village Happenings



Shaker Dance Revival Project

On February 3, Canterbury Shaker Village announced the Shaker Dance Revival Project, a strategic program that honors the Shakers' use of dance in worship while rethinking tradition for contemporary audiences and dancers. The first component of the Shaker Dance Revival Project is the Summer Dance Intensive, a six-day

immersion program for pre-professional dancers ages 15 and up. Additional elements of the Shaker Dance Revival Project will include signature dance performances on August 5 and 6 as part of Village Rising, as well as other dance-themed programs and events this spring.

The Village has contracted with Dancer and Choreographer Lorraine Chapman to coordinate the Shaker Dance Revival Project. Chapman danced professionally in Canada and with Feld Ballets/NY and was cited as a choreographer and dancer by Dance Magazine as a "25 To Watch". She currently directs and dances for her own company—Lorraine Chapman The Company (LCTC)—as well as teaching for the Boston Conservatory.

The Summer Dance Intensive, which will take place June 22-24 and June 27-29, is one key component of the Shaker Dance Revival Project. Set among the expansive historic beauty of Canterbury Shaker Village, the program is designed to provide rigorous training from high caliber dance instructors in a range of disciplines, including ballet and a variety of contemporary dance techniques and modern modalities, while also providing an opportunity to learn about and connect with the Shaker legacy. Dancers can choose to sign up for three or six days. The cost to attend is \$200 for one session or \$400 for the full six days. Village members and those participants who register for both sessions by March 6 will receive an additional discount.

The Summer Dance Intensive roster of accomplished instructors includes Diane Arvanites, Founder and co-Artistic Director of Prometheus Dance, which has been named "One of the Ten Best in Dance" five times by prominent Boston news organizations; Sydney Skybetter, internationally known Choreographer and Consultant whose dances are regularly performed around the country, most recently at the John F. Kennedy Center for the Performing Arts, the Boston Center for the Arts, Jacob's Pillow and the Joyce Theater; Amanda Whitworth, Director of Dance at Plymouth State University and co-founder and President of the New Hampshire Dance Alliance; and Edra Toth, former Prima Ballerina with the Boston Ballet and member of New Hampshire's Governor's Council on the Arts.

For more information about this new strategic program or to register for the Summer Dance Intensive, visit www.shakers.org/dancerevivalproject

Photo credit: Matthew Lomanno

A Waterfall Walk

Did you know that there's a large waterfall (15' high?) just a short distance from Baptist Road? It's spectacular at high water – roaring and creating clouds of spray. Best visited in Spring when the flow is greatest and the poison ivy hasn't come up yet, its ice formations can also be rewarding to the more adventurous.

At the East end of Baptist Road, park at the pull off near the bridge at Peeverly Swamp. Hike on the left - east – side of the stream. About half way to the falls there's a substantial saw mill dam – the break in the middle would have been where an undershot water wheel was located. At maximum flow, the water hits a large rock as it pours through the opening, creating an impressive rooster tail. Below the dam the stream wanders through large boulders, slippery with moss. Avoid the upcoming top of the falls, and be very careful on the sides of the gorge below it – steep and very slippery with deep leaf layer. With care, you can reach the base of the falls, feel the spray and hear the full roar of the water. Hiking poles needed going down into the gorge.

~ Dave Emerson
783 4403 efurnitr@comcast.net

The piece on the hike to the falls is in response to requests in the newsletter for people to write for it. The newsletter does need content to induce more people to open and read it. Short pieces about walks in town can be a regular feature as can historical pieces. I've talked with several people who'd like to help with this, including Mark Stevens.

~ Dave Emerson



Canterbury 4H Rascals

Four members of our club participated in the Food Show: Madison Noel, Ava Tonkin, Briana Chamberlin, and Dahlia Beaudette.

The Public Speaking participants were Cody York, Emma Galonski, Jacob Condi, and Connor Jackson. They all will receive recognition at Honor's Evening in the fall and move on to the state competition!

Thank you to Jane Balshaw for the Color in Design workshop. Fourteen members participated. Thank you to Lydia West and Barbara Raymond who are working hard with our members on sewing projects.

The next meeting will be on March 7th in the Parish House. Snack is at 6:15 and the meeting begins at 6:30. We will be stuffing Easter eggs for the egg hunt.

The Canterbury Rascals 4-H Club is holding our annual Easter Egg Hunt on Saturday, March 19th. It will be held at CES at 10:00 AM, rain, snow, or shine. It is for children 11 and under who live in Canterbury and you are required to bring your own basket to collect eggs. Call Donna Miller at 783-0220 if you have any questions.

~ Claire Crockford, Reporter

PEOPLE NEWS

College Acceptances

Congratulations to our home town seniors on their recent college acceptances.

Ben Van Cleave – Keene State, UNH, Castleton, St. Michael's, Suffolk, Colby Sawyer, Franklin Pierce, Columbia College, Bryant Univ.

Charlie Witham – NH Institute of Art

Emily Ennis – Arcadia, Univ. of R.I., St. Michael's

George Savageaux – UNH, Keene State

Kyle Gelinas – UNH, Castleton

Carol Lipshultz – St. Michael's College, Earlham, Rhodes

Emily Ashe – Franklin Pierce

Jacob Whitcomb – Keene State

Megan Prescott – Assumption College, Husson Univ.

Canterbury High School Athletes

Canterbury student-athletes contributed to Belmont High School's success at the Division II Indoor Track & Field State Championship held at Dartmouth College on February 7.

Kyle Gelinas placed 2nd in the 1500m (4:16.24). Kyle had broken the school record a week earlier with a time of 4:15.9.

Eli Allman placed 4th in the 55m Hurdles in a time (8.31) 0.08 seconds off of his school record set earlier in the season.

Alice Riley placed 7th in the 3000m in a new school record time of 11:09.09.

The 4x800m Relay Team, which included **Jasmine Syed** (600m - 11th (1:50.02)), **Emma Chase** and **Jessica Hutchinson**, placed 8th (10:57.65), setting a school record for the third time this season.

The 4x200m Relay Team, which included **River Mathieu** (long jump - 10th (18' 1.5")) and **Eli Allman**, placed 11th (1:40.84), also breaking their the school record for the third time this season.

~ *John Goegel*
Assistant Coach
Belmont HS Indoor Track & Field

Canterbury Police Department

Now that March is upon us, please drive carefully. Frost heaves are here and the ground is starting to get soft, which means mud season is close. I would like to take this time to remind everyone to slow down and drive the posted speed limit. I also would like to ask that you try and keep it slow while driving through the school zone in the morning and afternoon. Children and parents walk to school and to the library almost every day.

As we continue into 2016, I would like to let you know that from January 17th, which was the last newsletter deadline, the department responded to 6 Motor Vehicle Accidents, answered 213 calls for service, issued 87 citations (which includes warnings) and conducted 9 investigations.

As a reminder: If you have a **Police Emergency, Dial 911**. If you would like to speak with an officer on duty, please call our 24-hour dispatch at 603-228-1010. For normal business, such as requesting reports, pistol permits, or if you would like to leave a message for a particular officer, please call 783-0433.

~ *Sgt. Ernest L. Beaulieu Jr.*

The 4th of July!

Lucky for you, it's still up for grabs! At press time, no one has stepped forward to take over the 4th of July games in the Center. If you are interested, come see me at the Library or email me at bakercompany4@gmail.com. Thank you.



Plymouth State University has released its President's List for the Fall semester, 2015. **President's List** students must achieve a grade point average of 3.7 or better and attempted at least 12 credit hours during the semester. These credit hours must be in courses that earn grade points and students must have completed all such courses

attempted. Pictured is History, Philosophy, and Social Studies Education student **Samuel Papps, Canterbury NH, 4.0 average.**



Megan and Matt DiBattista, who are professional opera singers, will be participating in the worship service at the **Canterbury United Community Church on April 3.**

Matt is the nephew of Pastor Bill Donoghue. Their marvelous voices will be a special treat for the community, so plan to join us that morning at 10.

AROUND TOWN

Town Administration

We have completed the proposed budget for 2017 and the information has been submitted to the printers for the Town Report. This task involves multiple meetings and several late nights to complete. I would like to thank all involved for their hard work and time spent on this.

Adrienne Hutchinson, our Transfer Station Manager resigned and we are working on filling the position. The Board of Selectmen met with Jim Sawicki, our Road Agent, and determined that the position will be a full-time Highway Department employee. Any time not devoted to the Transfer Station management, the employee will be working with the Highway Department to complete jobs such as mowing and snow removal. We will also utilize the position to complete light building maintenance on town buildings.

Capt. Todd Corey of the Merrimack County Sheriff's office is continuing the review of the Canterbury Police Department. He has spent time with department heads, employees and has visited the Transfer Station and both Cobble Pond Store and Canterbury Country Store. He is available by phone at the business line 783-0433.

Mark Hopkins will present work from the Sam Lake House Renovation Committee to the Town Meeting. The committee decided to postpone a warrant article this year. There are still details that need to be worked out before a complete project is ready to be presented to the town.

~ Ken Folsom

From the Office of the Town Clerk

A reminder to those of you doing your taxes: The municipal portion only of your vehicle registrations is tax deductible and can be found on your vehicle registration form.

Please remember the Annual Town Election date is Tuesday, March 8, 2016. Voting will be from 7 AM to 7 PM in the Old Town Hall.

Town Meeting is Friday, March 11, 2016 and starts at 7 PM in the cafeteria/gym of the Canterbury Elementary School.

~ Ben Bynum, Town Clerk

Candidates Night

You are cordially invited to attend our annual "Candidates Night", at Belmont High School, on **Tuesday, March 1st**, at 6:00 pm to 7:30 pm in our cafeteria.

This event is held annually, and is sponsored by our Student Council organization. It **gives candidates for Belmont town offices, and for Belmont and Canterbury school board positions**, a chance to state their goals, and to answer questions that come from the audience.

~ Dan Clary

Principal, Belmont High School

Canterbury Recycling

Canterbury has long had a day in the spring when the annual Townwide Roadside Cleanup took place. But once the town adopted 'pay as you throw' in 2006, the Canterbury Recycling Committee realized that participation might drop off, as civic-minded volunteers might think twice about having to buy additional green bags for the privilege of disposing of other people's trash. Hence the introduction of the 'blue bags' program in Canterbury, in conjunction with New Hampshire the Beautiful and the Northeast Resource Recovery Association (NRRRA). Operating completely on the honor system, the Transfer Station distributes bags to those individuals who request them, not just for the annual cleanup, but year-round.

In the ten years since then, participation in the annual cleanup has been terrific. Lots of people contact me to let me know where they'll be picking up litter, and even more participate. Lots of other things have happened in those years as well: volunteers have moved out of Canterbury, new people have moved in, and the kids who enthusiastically treated the litter cleanup as either a treasure hunt or a contest to see who could fill the most bags are not so little anymore.

I know that there are still many people participating. The problem is, I don't know who, and more importantly, where they are. In the past, I've contacted the volunteers who worked on a stretch the year before, and asked them if they'd do it again, and usually I heard back. But the list is getting a little stale, so I think it's time to start a new list. So what I'm hoping is that you'll reach out to me and let me know what stretch of road you want to do. If you have a specific stretch (most people choose the road in front of their house), let me know what that is, preferably by describing it like this 'from 66 Center Road to the center of town', rather than 'from my house to the Andersons'. And if you don't have a specific road in mind, describe what you do want, as in 'There's never any trash on my road, so I'd really like to take a stretch where there's a lot of litter', or 'I want my kids to participate, but we need to stay away from traffic'.

This will be first come, first served for a stretch. And if I hear from you before March 13th, I can provide an update in next month's newsletter about which streets still need some caring volunteers. You can either email me at mattieandriley@yahoo.com, or call me at 783-9360.

~ Patrice Rasche
Canterbury Recycling Committee

Town-Wide Email List

The Town of Canterbury has a Town-Wide email list to distribute information. If anyone is not on the list and would like to be, contact me at : canterburytownemail@gmail.com This is a great way to get information out. Thank you!

~Laura Crockford

AROUND TOWN



Farmers Market Programs at the Elkins

You don't have to wait until June to enjoy some of the benefits of the Canterbury Community Farmers Market! Join a few of the market vendors as they present information sessions and workshops at the Elkins Library.

Customers will have a chance to learn more about how our farmers grow, raise and process their products. These programs are free and open to the public. Thanks to Elkins Library and the presenters for making these events possible. Watch for more details about the April and May programs in future newsletters.

Tuesday, March 29, 7-8:30 p.m. : Getting Started – Seeds and Seedlings for the Garden Explore the best principles and practices of seed propagation. Learn how to select seeds for your garden, and understand the differences between heirloom, hybrid, and GMO seeds. Hear how to calculate start dates, what to direct seed and what to start indoors, how to choose seed starting media and containers, light and heat requirements, hardening plants off, transplanting into the garden, and more. Time for Q & A included!

Presenter **Jim Ramanek** is co-owner of Warner River Produce and long-term vendor at the Canterbury Community Farmers Market. He has 30+ years of gardening experience, including 11 years as a commercial grower. Jim is a UNHCE Master Gardener and teaches the organic gardening component of the master gardener program.

Tuesday, April 26, 7-8:30 p.m. : Honey Bees – What they do for us and how we can help them Join a panel of bee keepers, farmers and gardeners to learn about these important insects.

Tuesday, May 24, 7-8:30 p.m. : Critters on the Farm – their products and prosperity Hear about the challenges and benefits of caring for livestock and experience some hands-on opportunities to use fiber from local sheep.

For more information and updates on programs, check our website at www.ccfma.net, or find us (and like us!) on Facebook.

Visit the Farmers Market at Town Meeting, Friday, March 11th, 7pm

Members of the Market Board will be available before and after Town Meeting if you would like to renew your membership or become a new member of the Market. We are always happy to answer questions, and will have a selection of free recipes, plus a basket of crunchy fresh apples and carrots for snacking!

2016 is the 10th Year of the Canterbury Community Farmers Market!

Throughout this special season we will be hosting programs at the library, demonstrations at the market, a "SUPER" Market, a community dinner, extra great music, and more. Find out about our summer-long "Passport to Local Goodness!" activity! Check in to the website at www.ccfma.net for updates on our schedule, or like us on Facebook. We look forward to celebrating our anniversary with YOU! CCFMA gives special thanks to Grappone Automotive for their sponsorship. Their generous support will help to make our 10th year the best ever!

LOUDON FOOD PANTRY

The LFP Challenge to Fight Hunger Update

As of February 16th we have collected \$232.67 in food and \$455.00 in Funds. That's a total of \$687.67 toward our goal. Don't know about our challenge, then please read below.

Started Date: February 1, 2015 Ends Date: April 30, 2015

The challenge is to make our goal of \$9,000 so that we can continue to fight hunger!

To be part of this effort...

- Donate In-date Food (It will be counted as \$1.00 per item.)
- Donate In-date Meat or Produce (It will be counted as \$1.00 per pound.)
- Donate funds (It will be counted dollar for dollar.)

We have received some donations via PayPal. If you wish for your donation to be included in our challenge, put that in the note section. Your donations must be noted "LFP Challenge" if you want it included or verbally let us know. Everything from our donation sites will be automatically included in the LFP Challenge. All food and funds stay within Loudon Food Pantry!

You can mail or drop off donations to Loudon Food Pantry, 30 Chichester Rd., Unit D, Loudon NH 03307-0734. We have drop off locations at the following:

Canterbury - Elkins Library – Food
Chichester - Camping World – Food
Epsom - Care Pharmacy – Cash Bin
Loudon - 106 Bean Stalk – Cash Bin
Loudon - Egg Shell Restaurant – Cash Bin
Loudon - Loudon Station - Food & Cash Bin
Loudon - Loudon Village Country Store – Cash Bin
Loudon - Red Roof Inn – Cash Bin
Loudon - TD Bank - Food & Funds (they will deposit directly into our account - speak with any teller)

Please spread the word! Our challenge thermometer is posted on LoudonFoodPantry.org. With your help, we can feed those in need. Thank you in advance for your consideration! If you have any questions call 724-9731 and ask for Sue.

Calling All (Farmers Market) Vendors!

If you are interested in becoming a vendor at the Canterbury Community Farmers Market, check out our website www.ccfma.net for a copy of the 2016 Vendor Application and a list of guidelines. Please note that all applications must be approved by the market's Board of Directors. If you have any questions, you can Email us at canterburyfarmersmarket@gmail.com, or ask Julie Dewdney (our Market Manager) next time you see her around town.

~ Beth L. Blair
[603-783-4333](tel:603-783-4333) beth@casablair.com

CANTERBURY COMMUNITY NEWSLETTER

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News Of: _____

Library
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Church Events
And More!

Carrier Route Pre-sort
Canterbury, NH 03224



Easter Flower Order Form

\$10 per plant, \$20* for Bulb Garden

Easter Lily _____ Hyacinth _____

Tulip _____ *Bulb Garden _____
(combo of hyacinth, tulip, daffodil and crocus) \$20

Make checks payable to Donna Miller. Mail them to her at 126 Baptist Road,
Canterbury, NH 03224.

DEADLINE IS Sunday MARCH 13th

Check one of the following:

- I will pick up my plant after Easter Service
- I would like my plant delivered to me after Easter service
- I would like the flower committee to deliver my plant to someone in the community.



Order Placed By: _____

Given in Honor or Memory Of: _____