

# From the Pastor

Greetings Canterburians,

October is filled with the celebrated offerings of all things fall in northern New England, complete with the backdrop of breathtaking reds and oranges of fall color. As part of such a lovely month, I am excited to be sharing with you an invitation to an event many have joined together to plan since we launched a similar event a year ago, and found widespread enthusiasm to build it into an ongoing offering in the greater Canterbury Community. Please consider joining us for all or a portion of this event at Shaker Village at the end of this month:

## "Sharing Practices of the Spirit at Canterbury Shaker Village"

Everyone is welcomed to a special event at the Shaker Village on Sunday, October 28: a day for exploring spiritual practices from a variety of beliefs, traditions and ways to gather, share, and celebrate our deepest connections.

The event is co-sponsored by Canterbury Shaker Village, the Canterbury United Community Church, the Concord Quaker Meeting, and the Church of the Woods / Kairos Earth.

The day's activities are free, family-friendly and run from 8 a.m. to 2 p.m. Highlights of the day include a variety of workshop offerings, children's activities, a joint ecumenical worship service, a potluck lunch and a send-off gathering. Offerings collected during the service will benefit the Canterbury Fund.

Two sets of workshops, one at 9 and the other at 11:15, will offer opportunities to engage your sense of spirituality through nature, contemplation, song and movement. Here are your options (weather permitting!) at the two times:

9 am: Yoga; a Thomas Merton Contemplative Walk; and Songs of the Spirit.

11:15 am: Tai Chi; Reflective Reading and Sharing; Discovering Faith through Shaker Music; Harvesting Seeds of Hope, and Creating Beauty to Heal the Earth.

There will be children's workshops at both hours led by certified elementary teachers. (Kids should come prepared to spend time outside.)

You can attend as much -- or as little -- of the day as you'd like.

We are encouraging registration to help with planning. You can register -- and learn details about the workshops -- by visiting our event website:

<http://kairosearth.org/church-of-the-woods/upcoming-events/sharing-practices-of-the-spirit/>

I hope you can join us!

Peace,  
Pastor Sara

## Upcoming October Events

Oct. 4 - Last Outdoor Farmer's Market

Oct. 13 - Shaker Village Vintage Auto Show

Oct. 16 - Candidates' Forum

Oct. 20-21 Old Ways Days

Oct. 22 - Button Up NH

Oct. 27 - Town Halloween Celebration

Published for the Community by the  
Canterbury United Community Church

October 2018

**CANTERBURY UNITED  
COMMUNITY CHURCH**

**CHURCH OFFICE 783-9365**  
Tues., Wed., Thurs. mornings.  
Please call first.  
mycanterburychurch@gmail.com

**RESERVE PARISH HOUSE**  
783-4419, Judy Patterson

**CANTERBURY FAIR**  
twitter.com/CanterburyFair  
www.facebook.com/CanterburyFair

**CANTERBURY NEWSLETTER**

**Deadline:** 16th of the month prior  
to the month you want the article to  
Appear.

**Editor:** Denise Sojka 297  
Southwest Road 783-9209  
newslettercanterbury@gmail.com  
**PeopleNews:**  
newslettercanterbury@gmail.com

**CES News:** 783-9944 Mary Morrison  
mmorrison@sau80.org

**Town Crier:** Lois Scribner  
scribnerlois@gmail.com  
**Note:** The Town Crier needs news  
by NOON on Wed. to appear in the  
following Sunday Concord Monitor

**AROUND TOWN**

**LOUDON FOOD PANTRY 724-9731**  
30 Chichester Rd., Unit D, Loudon  
Intake by appointment only on  
Tuesday, Wednesday and Thursday.  
Office hours and donations  
accepted Tuesday, Thursday and  
Friday 10 a.m. - 4 p.m. Please call  
724-9731 if you need to donate  
outside these hours. Closed  
Mondays. For more info or to see if  
you qualify for services, go to  
loudonfoodpantry.org or email  
info@loudonfoodpantry.org or call  
Sue at 724-9731.

**106 BEANSTALK 783-4305**  
Everyday - 5:00 am until 12:00  
midnight

**CANTERBURY STORE 783-9933**  
Mon.-Sat., 6:30 am - 6:00 pm  
Sunday -; 8:00 am - 5:00 pm

**BROOKFORD FARM STORE**  
724-4084  
7:00 AM TO 7:00 PM EVERYDAY

**POST OFFICE 783-4158**  
Mon. - Fri., 10:00 am - 5:00 pm  
(closed 12:30 -1:30 pm);  
Sat. 8:30 am - noon

**TOWN OFFICES & ORGANIZATIONS**

**BUILDING INSPECTOR 783-9033**  
Scott Lacroix  
buildinginspector@canterbury-nh.org  
**TRANSFER STATION 783-9980**  
Wed., 4:00-6:45 pm, Sat. 8:00-5:45pm  
[transferstation@canterbury-nh.org](mailto:transferstation@canterbury-nh.org)  
**FIRE PERMITS:** see town website  
canterbury-nh.org  
**HIGHWAY DEPARTMENT 783-4123**  
[canterburyhighway@canterbury-nh.org](mailto:canterburyhighway@canterbury-nh.org)  
**LIBRARY 783-4386**  
Mon. 1:00-7:00 pm, Tues., 9:00-6:00 pm  
Wed. & Thurs., 9:00 am - 8:00 pm  
Saturday, 9:00 am - noon  
**CANTERBURY POLICE OFFICE**  
783-0433 (NON-EMERGENCY)  
Concord Police Dispatch  
(non-emergency): 228-1010  
**EMERGENCIES - 911**

**FIRE DEPARTMENT**  
Fire Station: 783-4798  
Fire Station Fax: 783-8964  
Fire Chief email:  
[canterburyfire@canterbury-nh.org](mailto:canterburyfire@canterbury-nh.org)  
Emergency calls: 911

**SELECTMEN'S OFFICE AND  
ASSESSOR'S OFFICE 783-9955**  
Mon. & Wed. 9:00 am - 1:00 pm  
Thur 10:00am - 2:00pm  
[selectmen@canterbury-nh.org](mailto:selectmen@canterbury-nh.org)  
[assessing@canterbury-nh.org](mailto:assessing@canterbury-nh.org)  
**TOWN CLERK/TAX COLLECTOR**  
783-0153  
Monday 9 am - 3 pm, Tues., 3 pm - 7 pm  
Thursday, 12 pm - 7 pm  
[taxcollector@canterbury-nh.org](mailto:taxcollector@canterbury-nh.org)  
[townclerk@canterbury-nh.org](mailto:townclerk@canterbury-nh.org)  
**TOWN ADMINISTRATOR**  
[kfolsom@canterbury-nh.org](mailto:kfolsom@canterbury-nh.org)  
**PLANNING BOARD**  
[planningboard@canterbury-nh.org](mailto:planningboard@canterbury-nh.org)  
**ZONING BOARD**  
[zoningboard@canterbury-nh.org](mailto:zoningboard@canterbury-nh.org)  
**CONSERVATION COMMISSION**  
[conservationcommission@canterbury-nh.org](mailto:conservationcommission@canterbury-nh.org)

**MONTHLY MEETINGS**  
Meet at the Meetinghouse (MH) unless  
Otherwise noted  
**CONSERVATION COMMISSION**  
2nd Monday, 7:00 pm MH  
**Fire & Rescue**  
(at Municipal Complex)  
Business Mtg., 1st Mon., 6:30 pm  
Officers Meeting: Last Thurs., 7:00 pm  
Trainings: All other Mondays, 7:00 pm  
**Library Trustees**  
2nd Monday, 7:00 pm, Elkins Library  
**Planning Board**  
2nd Tuesday, 7 pm, MH  
4th Tuesday, as needed  
**Selectmen**  
1st & 3rd Monday, 6:00 pm, MH  
**Solid Waste Committee** meets on the 4th  
Monday at 6 PM at the Meeting House.

**CLASSIFIEDS**

**GULF BROOK RENOVATIONS** "When Ordinary Just Won't Do".  
Bathrooms, Kitchens, Additions & more. Aging-in-place specialist &  
Certified Green Professional. Jim Higgins 226-0212  
www.gulfbrook.com.

**"SHE'S HANDY"**.....Tending to your small jobs.  
Painting, carpentry, odd jobs, extra hand, and your to-do list. 20+  
yrs. exp. - Insured- Donna Bond-724-5838 [drbond1@comcast.net](mailto:drbond1@comcast.net)

**THE DEWEY SCHOOL** at the Canterbury Shaker Village is pleased  
to welcome children ages 3-5 to nature-based, Reggio inspired  
early learning! Coming FALL 2019. Go to [www.dewey.school.net](http://www.dewey.school.net) for  
more information.

**CANTERBURY KIDS LEARNING CENTER** offers a half-day  
preschool program with full-day child care, before/after school care  
and summer care for children 3-12 yrs. Located at the Parish House  
783-4370.

**ORGANIC MAPLE SYRUP:** Delicious maple syrup. It is a good  
local sweetener with some health benefits and a great tradition on  
those Sunday pancakes. Maple syrup works well as a sweetener in  
any recipe. Go to our website for more information and recipes!  
<http://www.northfamilyfarm.com> or call Jill or Tim 783-4712 for  
pick up at farm. One can also come to our booth at the Canterbury  
Community Farmers Market on Wednesdays from 4:00 to 6:30pm in  
the Elkins Library parking lot.

**MAQ DESIGN** - offering quality custom upholstery, slipcovers that  
fit, and artisan window treatments - Where Quality Counts And  
Details Make The Difference! By appointment.  
[maryann@maqdesign.net](mailto:maryann@maqdesign.net), 783-9640, [maqdesign.net](http://maqdesign.net).

**CENTRAL ENERGY, LLC** when was your furnace cleaned last?  
Central Energy, LLC "celebrating 85 years in business"  
Offering ductless A/C systems, traditional central  
A/C Installations & service. As well as all your oil heat needs  
for service, installations & annual cleanings. Oil tanks & water  
heaters too. Call Barry at [603-724-9603](tel:603-724-9603) here in Canterbury and  
visit us at [www.centralenergy1.com](http://www.centralenergy1.com)

**APRYLLE & REED**, Flute and Guitar Elegant and Peaceful Music for  
Weddings, Concerts, Corporate Functions, Holiday Events, or any  
Special Occasion. Call 603-708-1483 for more info and/or bookings.  
**GUITAR LESSONS:** Reed Desrosiers, BM, BMed, MM, DMA, is now  
accepting students at all levels and ages, including beginners, for  
the Fall Term. Competitive Rates. Call 603-708-1483 for more Info.

**GUITAR LESSONS AT YOUR HOME OR MINE-CANTERBURY**  
AREA All ages - All styles of music. Berklee/New England  
Conservatory alum. Tony [603-475-3471](tel:603-475-3471) [tonyz84@aol.com](mailto:tonyz84@aol.com)

**RIVERLAND ON THE MERRIMACK**, a new Canterbury bed and  
breakfast, is now accepting reservations. Send us your tired, your  
hungry, your out of town relatives...Visit:  
[www.riverlandonthemerrimack.com](http://www.riverlandonthemerrimack.com) or phone [603-562-6059](tel:603-562-6059).

**EDWARDS & ASSOCIATES, CPA** -Are you a small business  
owner? We offer complete Tax & Accounting Services for  
businesses & individuals. We don't just crunch numbers. We  
specialize in understanding your business so that you can focus on  
growth and profitability. Quickbooks ProAdvisors & Tax  
Resolution. We're local! Find us on Facebook  
<http://fb.com/cpataxpronh> or call Kim Edwards 286-8000.  
Edwards & Associates, CPA P.C. [www.nhtaxpro.com](http://www.nhtaxpro.com)

**HOW TO PLACE A NEWSLETTER AD**

The deadline is the 16th of each month. \$7 for 30 words or less or \$14 for up  
to 60 words. Please email ad to newsletter (see address below) and mail  
payment to CUCC, PO Box 216, Canterbury, NH 03224.

Must be received by the 16th!

# CHURCH NEWS

## CANTERBURY BENEVOLENT SOCIETY

Our next meeting will be on October 10th, at 11:00. We will be meeting at the Parish House. We will be cleaning, straightening out, and doing an inventory.

Due to unforeseen issues, we have decided not to have our Holiday Fair this year.

The September meeting of the Benevolent Society was held on September 12th. The program for our meeting was with Erin Fitzgerald. Erin is local resident Don Ekhardt's granddaughter. Erin is currently living in Uganda. She put together a wonderful presentation of life in Uganda. She talked about the people, it's differing cultures, and the beauty of the country itself. Showing maps and photos of different regions of the country, she gave us just a small (but much appreciated) view of this wondrous country.

Erin is part of YiYa Engineering Solutions in Uganda. They use engineering to make secondary education more engaging, practical, and relevant to students' lives. They provide schools with curriculum development, teacher training, and classroom teaching.

Post-conflict regions in northern Uganda have a lack of access to quality education accompanied by high levels of youth unemployment. Yiya! increases the resilience of students in chronically stressed communities by exposing them to engineering design challenges where they need to use math and science topics to solve real and urgent community problems. The project-based engineering modules have been developed in consultation with teachers and local community members.

For more information on this organization, or to receive their newsletter, please contact Erin at [erin@yiyasolutions.org](mailto:erin@yiyasolutions.org). The website is [www.yiyasolutions.org](http://www.yiyasolutions.org)



### Old Ways Days

The 12th Old Ways Days will be October 20 & 21 at Dave and Anne Emerson's Old Ways Traditions, 418 Shaker Road. We will have more demos and operating machinery run by vintage gas and steam engines, including unusual machines from two of the largest collections in the state.

Blacksmithing, saw milling, broom making, spoon carving, braided rugs, wood turning, alpacas, Tools for Kids, which will include blacksmithing for kids and adults, and more. And the usual good food and live music, bluegrass, Americana, Celtic.

See you,  
Dave and Anne

# AROUND TOWN



## Saturday October 27 Canterbury Halloween Celebration 5:30 to 7:30 in the Town Center

- Spooky Stories in the Library
- Candy Stops Around the Center
- Not-So-Spooky-House in the Meeting Hall
- Cookie Decorating/Cider
- S'mores

We need donations! We are grateful for a grant from the Canterbury Fund which covers much of the expense, but we depend on additional donations of candy, non-candy treats, pumpkins, supplies, and volunteers to make this night happen. Donations of candy/stickers/temporary tattoos/ etc. gratefully accepted. You can drop them off at the Elkins Library during library hours. Thank you!

Please contact Randi Johnson at 603-738-4618 with any questions or, if you would like to help.



## CANTERBURY 4H RASCALS

Our first business meeting of the 4-H year was held on September 10 at 6:30.

The Canterbury Rascals participated in the Hopkinton Fair on Labor Day Weekend. Eighteen members submitted projects. We submitted a Club Exhibit on pollinators.

Our next meeting will be Honor's Evening/Achievement Night on Monday, Oct 1st with a potluck dinner starting at 6pm.

Upcoming projects are: Bread baking, Photography, Knot tying, Beaded Earrings, Cross stitch, Knitting, Poster Workshop, Canning Pickles, Brick oven baking, Bee houses, Rug Braiding for 15+, Tree Identification, and Candle making. All are fun.

We have a candy bar fundraiser coming up. Each member should sell 20 candy bars. If you want some, ask a 4-H member. The bars will be \$1.00 and will be delivered to Laura at the end of September.

We are always looking for new members. If you want to join please Contact Laura Crockford at 540-9877 or [canterburyrascals4H@gmail.com](mailto:canterburyrascals4H@gmail.com) with any questions .

~ Josie Bernard, Reporter

# LIBRARY NEWS

The library will be closed on **Mon. Oct. 8** in observance of **Columbus Day**.

The next Trustee meeting will be on **Mon. Oct. 15 at 7:00**.

**STORY HOUR! Tues. Oct 2 and 16.** Our Story Hours always include a book, dance party, a craft or activity and sometimes something yummy to eat! This month we talk about harvest, pumpkins and craft with pretty fall leaves. Story Hour is open to children of ALL ages.

**ROCK N' READ** is a music and movement program for babies and toddlers. Come join the fun **Tues. Oct 9 and Oct 23 at 10:00**. We have a wonderful group of moms, dads, grandparents and caregivers bring babies so we can all learn together.

**LEGO CLUB!** Children, babies and families are welcome to come and build together with Lego bricks. **Tues. Oct. 2 and 16 at 4:00**. No need to sign up – just come and enjoy! We have some recent donations to add to the fun! I have a

**TODDLER JACKPOT!** on **Tues. Oct. 30 at 10:00** – it's the 5th Tuesday of the month so that means TODDLER JACKPOT! We will have a special activity for babies through kindergarteners. There will also be a short presentation for parents about the importance of spending time playing with your baby and toddler. Play is SO important!

**TEEN ADVISORY GROUP - TAG: Mon. Oct. 29 at 6:00pm.** Make food, discuss books you choose and tell us what you would like to see at the library. You should get involved with this fantastic group. We have TONS of fun together.

**YOUNG READERS BOOK CLUB:** meets **Mon. Oct. 29** from 3:30 to 4:30. Consider joining this great group of 4-6 graders. Choose a book you want to read and discuss it with the group! This is a dynamic group of young people who light up our future.

**CES OUTREACH:** We are so pleased to be welcomed back to Canterbury Elementary School for our fifth year of Outreach programs! We will be in the classrooms discussing library services and the 2018 Ladybug and Great Stone Face Book Award Nominees. Be looking for us in your classroom!

**MAKER SPACE:** Most days after school we feature a Maker Space. We've redesigned our Maker Space time due to the large number of children who attend to include crafting, science discovery, puzzles, coloring sheets and more! After your homework is done we get out the fun (that's usually around 4).

**AFTER SCHOOL:** If your child, age 9 or older will be coming to the library after school, please stop in and sign up to receive pertinent information.



**BOOK GROUP** meets on **Tues. Oct 16 at 7:00**. We're discussing: *Before We Were Yours* by Lisa Wingate based on one of America's most **notorious** real-life scandals—in which Georgia Tann, director of a Memphis-based adoption organization, kidnapped and sold poor children to wealthy families all over the country. Copies of the book are available at the library for anyone wishing to join us.

**OMBBC** (Old Man Boring Book Club) Not just for men! Readers come together to share their thoughts and opinions of non-fiction, historical and biographical selections recently read. Please join us and tell us about the titles you've enjoyed. **Thurs. Oct. 4 at 7pm**.

**KNITTERS** meet Wed. evenings at 6:30 for any level knitter; beginners to experts. Come join us by the fireplace.

**Zen Coloring!** Every Thursday afternoon from 1:30 – 3:00. Homemade refreshments, a variety of coloring pages, colored pencils, gel pens and a fun group to enjoy.

**Humanities-To-Go Poorhouses & Town Farms: Hard Row for Paupers Tues., Oct. 23 at 7pm.**

*Steve Taylor presenter Hosted by the Canterbury Historical Society*

From its earliest settlements New Hampshire has struggled with issues surrounding the treatment of its poor. The early Northeastern colonies followed the lead of England's 1601 Poor Law, which imposed compulsory taxes for maintenance of the poor but made no distinction between the "vagrant, vicious poor" and the helpless, and honest poor. This confusion persisted for generations and led directly to establishment in most of the state's towns of almshouses and poor farms and, later, county institutions which would collectively come to form a dark chapter in Hampshire history.

**Download audio books & e-books and periodicals!** Check out the website <http://nh.lib.overdrive.com> for more details and then contact the **library** if you would like to **register** for this service and receive the required code.

**Family Passes:** The library provides family passes to:  
SEE Science Center – Manchester  
Currier Museum of Art  
Squam Lake Science Center  
Shaker Village

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## FOEPL FALL UPDATE

Friends of Elkins Public Library will hold its annual meeting at **7 pm** on **October 18** at the library. Please join us! Refreshments will be served, and new friends and ideas are always welcome! And as the holidays approach, look for FOEPL's Frontier Soup fundraiser at the winter farmer's market at CES, and at the library. These soup mixes make great holiday gifts!

For more information, email Sarah Crow at [smcrow@comcast.net](mailto:smcrow@comcast.net), or see Mary Ellen MacCoy at the library.



## BELMONT MIDDLE SCHOOL NEWS

Belmont Middle School is off to a great start for a brand new school year! Academics, clubs, and sports are in full swing!

Clubs and organizations include; Student Council on Tuesdays from 2:45 - 3:30 p.m. (See Mrs. Gagnon), Lego Club on Tuesdays from 2:40-3:45 p.m. (See Mr. Frankel), Robotics Club on Tuesdays 2:40 - 3:30 (See Mr. Roberts), Scrabble Club, Tuesdays from 2:40 to 3:30 (See Ms. Degange), and Computer Club after school, see Mrs. Craig for schedule. Art Club is also available after school. Please see Mrs. Bengston for this schedule.

**YUM...YUM - BREAKFAST IS AVAILABLE TO ALL STUDENTS IN THE CAFE FROM 7:15 a.m. to 7:45 a.m. Mon. - Fri.**

Open Library is available to do homework Mon. - Thurs. until 4:50 p.m., please see Mrs. Piscettia, our Librarian, for a permission slip. Also Homework Club is available on Mon. & Wed. in Room 205. See Ms. Moulton for a permission slip.

**COLUMBUS DAY WEEKEND** - There is no school on Friday, October 5th, due to a Teachers' workshop. There is no school on Monday October 8th, as Columbus Day will be observed.

Good luck to all our athletes playing soccer, volleyball, running cross country, and Golf club.

~ Jan Cote -BMS Staff

## CES Volunteers Rock!

The CES PTO would like to thank everyone that attended the Annual Hot Dog Supper and Open House last month. We had a great turnout and it was wonderful to see all of the new volunteers utilizing the finger printing clinic. We would like to recognize Harry Weiser from Hackleboro Orchards for donating the apples, Belal & Bianca Safi for donating 300 snack bags of potato chips and Joe & Pat DeAlmeida for helping prepare the food. The following 4H Rascals members also helped out with the event: Claire Crockford, Emma Galonski, Helen Gendron and Cate McDonald. We truly appreciate all of the generous donations and everyone that helped make this night a success.

We will be celebrating Halloween on Wednesday, Oct. 31st. We would like to invite you to attend the school wide Halloween festivities which start at 1:15p followed by the classroom parties at 2:30p. We are looking for volunteers to help with the school wide festivities starting at 1pm. If you are able to help run one of the activities, please email: [volunteercanterburyschool@gmail.com](mailto:volunteercanterburyschool@gmail.com) by 10/19.



The CES fifth graders have harvested the pumpkins and gourds they planted last spring at Apple Hill Farm in Concord. They are selling the produce at the Canterbury Farmers Market and at the school. The proceeds will be used to fund the fifth grade trip to the environmental camp, Nature's Classroom at Ocean Park, Maine. Again, we thank Chuck and Diane Souther whose generosity makes this project possible.

Shaker Regional School District is holding a Childfind Clinic on Tuesday, October 16 at Belmont Elementary School from 1:00 to 3:00 P.M. This Clinic is a screening for preschool age children who may have a disability related to speech, vision, hearing, coordination, or learning. Certified staff members of the School District will administer the screening. All children who are under the age of six and who are residents of the town of Belmont or Canterbury are eligible. This includes infants and toddlers. To schedule an appointment, please call the Special Education Office at 267-9222. You can also find the referral form at the district website, [www.sau80.org](http://www.sau80.org) under Student Services.

October is Fire Prevention Month and the Canterbury Fire Department has invited the CES students to visit the Fire Station on October 10. They will meet with our fire fighters and learn about fire safety.

The annual CES Halloween celebration will be held on October 31 and will begin with a parade to the playground at about 1:20. The children will then participate in a variety of fun activities arranged by the CES PTO and finish the day in their classrooms enjoying healthy treats.

### October Calendar

October 4	School Picture Day
October 5	Staff In-Service Day – No School
October 8	Columbus Day – No School
October 9	School Board at CES 6:00 P.M.
October 10	Fire Station Visit
October 16	Child Find Clinic 1:00-3:00
October 17	PTO 6:30 P.M.
October 24	Childfind 1:00-3:00 Belmont Elementary School
October 31	Halloween Events 1:30

~ Mary Morrison

## CELEBRATING BOOKS!

Celebrating books with a sale by donation of the contents of the Canterbury Children's Center Library, 53 Pickard Road, which closed in 2013.

It will be held on Columbus Day Weekend, October 6 (2-5) and October 7 (10-5). There will be a special early opening on October 6 for CCC alumni and their families from 10-2.

# AROUND TOWN

## CANTERBURY SHAKER VILLAGE NEWS & EVENTS

The Village is open daily, 10am-5pm, through October 28, with guided tours at 11am, 1pm, 3pm. More information about all of our events is available at [www.shakers.org](http://www.shakers.org).

### Spirit Encounters Tour – Fridays in October, 6:30pm & 7pm

Today, we enjoy telling ghost stories, reveling in a well-timed fright or harrowing tale. Few of us still believe in the power of the spiritual world, the world known to the Shakers as “the Summerland.” To the Shakers, however, the spiritual world was an important part of community life. Learn about the growth of spiritualism as part of Shaker religion and hear firsthand accounts of otherworldly encounters on this 60-75 minute tour. Advance registration required. Tour size limited to 15 people to ensure an intimate experience.

### ABC's of Letterpress Printing – October 6, 14, or 27, 9:30-4:30pm

Learn the basics of letterpress printing in the Canterbury Shaker Village Print Shop! Participants will design their own personal project incorporating different type faces, “wing dings,” and Victorian graphic enhancers. After hand-setting the type, participants will print their projects on a hand-fed, nineteenth-century platen printing press. Possible projects include party invitations, Christmas cards, personalized note cards and stationary, business cards, or other fun projects.

### Vintage Car Show – Saturday, October 13, 10am-1pm

Bring your antique car or motorcycle (25 years and older) to this unique and family friendly car show! No pre-registration or entry fee. Presented in partnership with the White Mountain Region Chapter of the Model A Ford Club of America, this event includes free admission to the Village for one driver and one passenger and a cash raffle! Visitors are welcome to admire automobiles and motorcycles from many eras, meet with the owners and other vintage car enthusiasts, enjoy Village tours and exhibits, and shop for local handcrafts at the Museum Store. Food truck fare will be available as well as soups, salads, sandwiches and baked goods at the Cafe.

### Harvest Music Festival – Saturday, October 20, 4-8pm

Come out to the Village for a fun evening of traditional music performed by a variety of artists and groups including the Jordan Tirrell-Wysocki Trio. Sample the fare of local Canterbury food and drink vendors. Marvel at colors of the fall foliage and enjoy the peace and tranquility of a premier NH historic site. This is sure to be a memorable way to celebrate the fall season! A portion of the proceeds for this event benefits the Concord Coalition to End Homelessness.

### Rugs in the Shaker Spirit: Standing Wool Rugs – Sunday, October 21, 9am-4pm

This class is about recycling and repurposing the smallest of wool scraps into folk art rugs. We will use a five inch shirring needle and heavy thread to sew wool strips and manipulate them in various ways to stand them on end to stand alone when sewn to make a thick plush piece. We will cover standing wools, beaded wools and several other methods to make a multiple techniques sample piece for a table mat, chair seat or go on to making a larger rug. You will acquire the skills to recycle your worn or unused wool clothing into true memory heirloom rugs.

## Shaker news continued:

### Shaker Broom Making – Sunday, October 28, 9:30am-4:30pm

Canterbury brooms were prized for their simplicity, workmanship and usefulness. Join Everett Bailey as he guides you through the broom making process in the historic Carpenter's Shop. No experience is necessary to attend, only patience and an interest in Shaker craft. At the end of the workshop, you will take home a completed, Shaker-style broom.



## CANTERBURY COMMUNITY FARMERS MARKET NEWS

### LAST OUTDOOR MARKET, WED., OCT. 3, “FALL FROLIC”

By this time the leaves are turning and we all are getting serious about getting the wood stacked! This is also a great time to stack your fridge, freezer, pantry, and root cellar with local pasture-raised bison, chicken, pork, and beef, preserves, and loooong keeping veggies enough to take the chill off the months to come. Don't forget you can also slice bread, wrap it tight, and enjoy a toasty loaf when the snow flies!

Music at the Oct. 3rd Market will be by Steve Furbish. Bring a sweater because it gets a wee bit chilly by the end of the day, and enjoy Steve's tunes as he sings us out of Summer and into the cooler, darker months.

Thanks so much to all the musicians, and especially our music sponsors, who have made this a delightful summer-long listening experience. Special THANKS to Grappone Automotive Group for being our most generous music sponsor this season.

### BUT WAIT, THERE'S MORE!!!

Indoor Farmers Markets are scheduled for **Saturday, Nov 17 and Saturday, Dec 15, 10am-1pm**, at the Canterbury Elementary School (CES) gym. Look forward to seeing many of the vendors you have come to rely on during the summer, plus some special guests, and a few more crafts than usual.

### WE GIVE THANKS

We are always so grateful to those who make the Market possible each year! THANKS to the ongoing support of our Market Members, the community helpers who unflinchingly set up and break down the Market each week, our hard-working Vendors, our amazing Board Members, Grappone Automotive Group, and the Loudon Food Pantry. Last but not least, THANKS to the shoppers who travelled to the Market from across the street, across town, and sometimes even across the country, and brought friends and family with them to share the bounty of our fields and farms. THANKS so very much to you ALL!!

# AROUND TOWN

## CANTERBURY POLICE DEPARTMENT

As fall has arrived, so have the falling leaves; a reminder, wet leaves can be very slippery on the roadways. Also, Halloween will be here before you know it. Please be cautious of the ghouls and goblins walking around looking for those treats. To you ghouls and goblins, a reminder, please carry flashlights, glowsticks, or some type of light when you're out walking around. Walk with a parent, older sibling, or buddy, and never enter a home that you don't know the owners.

The Canterbury Police Department had a Neighborhood Watch meeting on September 13th and there were some concerns brought up about scams going around targeting the elderly. One of the scams is the I.R.S. calling advising they are going put a warrant out on you and have you arrested if you don't call them back. Another one is the caller will say "Grampa" or "Gramma" this is your grandson and will ask for money. There are also some fake Facebook profiles from celebrities or public figures asking for money. Please do not send any money or give out any personal information before checking with the Police Department or the Attorney General's Office to make sure it's not a scam. Also, anyone interested in joining the Neighborhood Watch or becoming a volunteer and represent the Town of Canterbury at the Concord Regional Crimeline, please contact the Canterbury Police Department @ 783-0433.

Canterbury Police Department will be participating in the National Drug Take Back Day, on October 27, from 10 a.m. to 2 p.m. Anyone can bring any unwanted prescription medication to the Police Department and drop them off.

Since the last newsletter the Canterbury Police Department has responded to 151 Calls for Service, 3 Motor Vehicle Accidents, issued 193 Citations, investigated 22 Incidents and had 21 Arrests.

### October is National Domestic Violence Awareness Month.



Sincerely,

Chief Michael P. Labrecque

*"To wear the badge is a choice, to serve the public is an honor!"*

"October, baptize me with leaves! Swaddle me in corduroy and nurse me with split pea soup. October, tuck tiny candy bars in my pockets and carve my smile into a thousand pumpkins. O autumn! O teakettle! O grace!"  
— **Rainbow Rowell**, [Attachments](#)



## TOWN ADMINISTRATOR

**Sam Lake House Update.** The new Town Office is nearly complete. We have scheduled a move in day for Thursday, October 25th. The offices will be closed for business, but will reopen on Monday the 29th, in the new building. The Selectmen and Staff want to thank everyone for their support and patience during construction. We hope to have an open house sometime in November.

I attended a seminar at the NH Municipal Association on Handling Disruptions at Local Government Meetings. Topics included; Right to Control Meetings, Responses, Law Enforcement Perspectives and Policies and Guidance.

In June, the Selectmen appointed Ruth Heath, Fred Portnoy, Nick Fox, John Hebert and Sandy Hodson to the Energy Committee. David Day and Claudia Leidinger were appointed as alternates. Fred and Ruth met with the Selectmen in July and distributed the mission statement and are working with town department heads on energy use and needs.

A meeting with Penacook Rescue and the Towns of Boscawen and Canterbury was held to discuss proposed increases to the subsidy paid to Penacook Rescue for Emergency Medical Services to the towns. Penacook Rescue is no longer a "volunteer" organization. They hire "Per Diem" personnel to cover most all shifts. This has led to an increase in cost and they have been forced to increase their subsidy request. The increase will be discussed with the Selectmen and Budget Committee this fall.

2019 Budget discussions will start in November with budgets from the Department Heads submitted for discussion to the Board of Selectmen.

~ Ken Folsom  
Town Administrator

**Attention all Voters  
Candidates Forum  
October 16, 2018  
7:00 p.m.**

**Shaker Village Education Center  
(Former store)**

Please join us for a discussion of current issues with our Democratic and Republican candidates for the NH Senate and House of Representatives.

# AROUND TOWN

## CANTERBURY FIRE AND RESCUE



October 7 through the 13 is Fire Prevention week. The theme this year is **Look, Listen, Learn**.

**Look** for areas around your home that are potential fire hazards. Provide adequate clearances around heat producing appliances. Three feet is usually the standard. Correct any electrical issues and try to avoid the long-term use of extension cords.

**Listen** for the sound of the alarm. Make sure smoke detection is properly placed so that all sleeping residents can hear the alarm. Interconnected devices can give early warning if a fire starts on a different level of the home. Wireless detection is available with this feature to make installation much easier. Fires starting in homes with modern contents involving plastic based materials spread very fast. There should be no delay in exiting once smoke is detected.

**Learn** two ways out of every room. All residents should be familiar with an escape plane and a second exit option should one be blocked by smoke.

Department members will once again be presenting a fire safety program to the students at the Elementary School. Students will be visiting the station to discuss some of these same safety issues.

**Saturday October 13 will be an Open House at the Fire Station** from 09:00 -12:00. Everyone is welcome to visit, inquire about fire safety and explore volunteer firefighter opportunities in your community.

Hope to see you then.  
Guy Newbery, Fire Chief

## TRANSFER STATION NEWS

As of October 1, 2018, we will be changing the way we dispose of glass. The Northeast Resource Recovery Association, who in the past has helped us find buyers for everything we recycle, has made a deal with a Canadian company to buy the glass from us. We currently place all glass into the crusher and ship it out for further processing. They crush the glass to a 3/8 minus which is used for roadways and under sidewalks and other construction sites. We are not able to continue this practice as our glass is contaminated with other types of glass that the new customer will not accept it.

This will also come with a \$5.00 per ton increase on the price we pay to get rid of our glass now. The new price will go from \$30.00 to \$35.00 a ton. We average 20 tons in the container when we ship glass, if the glass is contaminated, there would be a \$150.00 per ton penalty.

**Beginning October 1**, we can only accept the following glass types in the glass crusher;

Any food or beverage glass, any color. Items that cannot be put into our glass crusher are; light bulbs, windows, auto glass, headlights, thermometers or any ceramics or porcelain, i.e.; coffee cups, stoneware.

If you have any questions, please contact Mark at the transfer station. [transferstation@canterbury-nh.org](mailto:transferstation@canterbury-nh.org).

**Please remember to remove bottle caps and lids and to rinse food from glass.**

**All the rest will end up in Trash truck or Construction debris container.**

Thank you for your continued efforts!

*The Guys from the Transfer Station*



## SAVE THE DATES! November 3-4 NH Open Doors – Fall 2018

Canterbury always has a strong group of artisans that take part in this spectacular two-day event. This year is no exception. There is not enough room in this month's newsletter to list all the participants and the particulars. Look forward to a full article with a link to the official website in the November newsletter.

"October had tremendous possibility. The summer's oppressive heat was a distant memory, and the golden leaves promised a world full of beautiful adventures. They made me believe in miracles."

— Sarah Guillory, Reclaimed

"Ah, Lovely October, as you usher in the season that awakens my soul, your awesome beauty compels my spirit to soar like a leaf caught in an autumn breeze and my heart to sing like a heavenly choir."

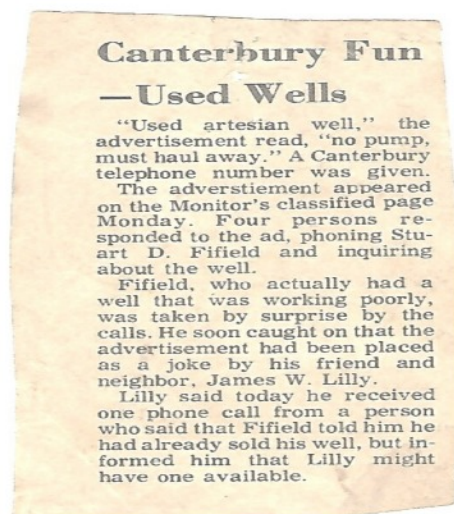
— Peggy Toney Horton



# HISTORICAL SOCIETY

## CANTERBURY HUMOR FOUND IN OUR ARCHIVES

(As published in the Concord Monitor Circa 1982)



## JOIN US FOR OUR ANNUAL MEETING AND SPECIAL BARN PROGRAM

Renowned New Hampshire old barn expert John C. Porter will attend our annual meeting on **Sunday, November 4th** at the Parish House at 1 PM. His presentation, "The History of Agriculture as Told by Barns" will include photographs of historic N.H. barns, as well as a segment on architectural details using N.H. barns to illustrate the talk. This program is free and open to the public. John Porter gained his knowledge of barns from growing up on a dairy farm and having a forty-year career with the UNH Cooperative Extension as a professor and statewide dairy specialist. Porter also serves on New Hampshire Historic Agricultural Structures Advisory Committee and co-authored the book "Preserving Old Barns: Preventing the Loss of a Valuable Resource". Refreshments will be served.

## LUTHER CODY PRINTS DIGITIZED

We have received digitized copies of an additional 62 photographs digitized from the glass plate negatives contained in the Cody Collection. We are working to complete digitizing the entire collection which contains 600 photographs. There are 125 remaining to be done.

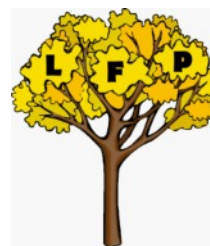
## VETERAN'S DAY PROGRAM AT SHAKER VILLAGE

Please join the Canterbury Historical Society and Canterbury Shaker Village for a special Veterans' Day program commemorating the centennial of World War I. Kathryn Grover, author of *Staying Small in a Century of Growth*, will speak about the town's involvement in the war, and Sue Maynard, Shaker scholar and author, will describe the Canterbury Shakers' connection with the war. Artifacts from both the town and the Shaker community will be on display.

The program will be held on Sunday, November 11 at 1 PM at the Shaker Village Education Center (former Visitor Center). Admission is free; refreshments will be served.

~ Robert Scarponi

# LOUDON FOOD PANTRY



## August Numbers

In August we gave out enough food to create 7,167 meals to 523 individuals. 140 of those were 60 and older, 170 were 18 or under and 213 were in between those ages.

## Thanksgiving Box Signups – October 1 – October 31

Anyone who is eligible to be a patron of Loudon Food Pantry can receive a Thanksgiving Box. The sign-up form will be available from October 1–31. If you come in after that date to sign up, there will be no guarantee we have enough food to fill your order. Please sign up early so we know how much food we need to have on hand. Last year's boxes contained fresh fruit, fresh vegetables, as well as the Thanksgiving Dinner fixings. We hope the farms that helped out last year will again be kind enough to donate.

## Annual Halloween Party!

**Event Date: Friday October 19, 2018**

**Event Time: 6:00 PM – 8:00 PM**

**Admission Price: 3 Non-perishable in-date items per child OR \$3.00 per child**

Sophie Nolin is working with Loudon Food Pantry again this year to host the sixth annual Halloween Party. This community party is a fun event to collect food and cash donations for Food Pantry for the upcoming holiday season.

This Halloween Party has become a proud and fun tradition for the community. In prior years an average of 1,300 items have been collected each year. Please visit our Facebook page @LE-SHalloweenParty.

We need volunteers for this event and people that will bake/cook items for the Ghoulish Goodies Concession Stand. Usually we can gain access to the school to set up about 3:30 pm. This year, because of after school activities, we won't be able to start setting up until about 5:00 pm. So any donations for the Ghoulish Goodies Concession Stand can be dropped off to Loudon Food Pantry, 30 Chichester Rd., Unit D prior to 4:45 pm or at the school after 5:00 pm.

To find out how to volunteer or become a sponsor, please enter <http://tinyurl.com/zkt9ogn> into the address bar of any web browser. You can also call 724-9731 and we'll mail a volunteer Signup Form to you or drop into the pantry (30 Chichester Rd., Unit D) and pick up a Signup Form.

The children love this event and look forward to it each year. We can't do this without your help!

# AROUND TOWN

## NEW TOWN ENERGY COMMITTEE

In late May, the Select Board appointed **Nick Fox, Fred Portnoy, John Hebert, Sandy Hodsdon, and Ruth Heath** to the new Town Energy Committee with Claudia Leiding and David Day as alternates. The committee began meeting monthly at the end of June. We've approved a mission statement and started on our goal of meeting with or talking with all the town committees and departments to see if we can help them save energy (and reduce costs) through conservation, energy saving technologies, and sustainable purchasing. In order to help residents conserve energy (part of our mission) we are sponsoring a Button Up NH! Workshop on Monday, October 22 at 7pm in the Parish Hall. If you are aware of a project you'd like us to work on, contact one of us.

## CANTERBURY TOWN ENERGY COMMITTEE MISSION STATEMENT

The Canterbury Energy Committee's mission is to encourage and facilitate energy conservation, energy efficient practices, and the use of sustainable energy in the Town of Canterbury, including public buildings and properties, businesses, and resident homes.

## Canterbury Center Open House and Art Tour

**Saturday, November 3 from 9-4pm**

Join us for a walking tour in the Canterbury Center and meet local artisans.

In the Meeting House, located behind the church, artisans **Kathie Fife Photography** and Jolene Cochrane of **Grain Fed Spoons** welcome you.

Enjoy Kathie Fife's fine art scenic photographic tour of New Hampshire's natural landscapes and historic villages. Many art items available for early holiday shopping; calendars, greeting cards, ornaments, puzzles, bookmarks, fine art prints. View published books and works of art.

Discover the art of wood spoon carving as Jolene Cochrane demonstrates for visitors. Jolene will have an assortment of wooden spoons available for purchase. Light refreshments made by Jolene for you to enjoy while visiting with us.

At **Canterbury Center Bed and Breakfast** meet host Lois Scribner and view the four Guest Rooms. Light refreshments will be available for a donation. Enjoy a bowl of soup or tea and cookies if you want to rest for a few minutes in the Parlor or Breakfast Room. Follow the artisan signs in the Center. All are welcome!

More info contact:

Kathie Fife [783-9334](tel:783-9334)

Jolene Cochrane: [235-1864](tel:235-1864)

Lois Scribner: [783-0206](tel:783-0206)

## NH Saves Button Up Workshop Hosted by the Canterbury Town Energy Committee



Canterbury: Button Up New Hampshire, the popular home energy savings workshop series, is coming to Canterbury, NH. The Canterbury Town Energy Committee is hosting this free workshop for residents and it will take place on Monday October 22nd at the Canterbury Parish Hall 5 Center Rd. Canterbury Center. Doors will open at 6:30pm and the workshop starts at 7:00pm. The workshop is sponsored by NHSaves and coordinated by the Plymouth Area Renewable Energy Initiative (PA-REI).

NHSaves is a collaboration of New Hampshire's electric and natural gas utilities, Eversource, Liberty Utilities, NH Electric Cooperative and Unitil, working with the NH Public Utilities Commission and other interested parties to provide NH customers with information, incentives, and support designed to save energy, reduce costs, and protect our environment statewide.

The NHSaves Button Up Workshop is a 1.5 hour presentation about how to improve the energy efficiency of your home. It covers basic building science principles as well as examples of whole house weatherization measures that will button up your home for the heating and cooling seasons. It also covers details about the energy efficiency programs offered by NH utilities to provide energy audits and weatherization, rebates on electric and gas appliances as well as new construction.

NH residents wishing to use energy more efficiently, conserve energy and save money on their heating and cooling bills, will find the information very useful. The Plymouth Area Renewable Energy Initiative of Plymouth, NH is working with local groups statewide to organize the workshops for the public on behalf of New Hampshire's utilities. Each workshop is sponsored by the utilities through NHSaves and hosted by a local partner.

The utilities are offering a free LED light bulb to the first 10 households who attend each workshop. Each workshop is presented by a knowledgeable BPI Certified Building Analyst and a utility representative will also be available to answer further questions about their programs.

The local workshop organizer, Ruth Heath, of the Canterbury Town Energy Committee, said "We have brought this workshop to our town to bring this important information to our fellow community members. Learning how to save energy while making our homes more comfortable is a good thing to do. I hope many people will take the time to attend this informative workshop."

No registration is necessary. For more information on the Canterbury NHSaves Button Up Workshop visit [NHSaves.com/events](http://NHSaves.com/events) or call Ruth Heath at 603-724-4343.

# IN FOND REMEMBRANCE

Excerpts from an article written by Elodie Reed for the Concord Monitor, March 25, 2016.

**She really likes the color purple**, and, for the past 87 years, has lived within the same square mile in the town of Canterbury.

Born in Claremont, Ella Mae Cochrane said she was 5 years old when her family moved to Canterbury in search of country-living. They bought a farm on West Road, just east of what is now Exit 18 on Interstate 93.

The census taken closest to that when Ella Mae moved to Canterbury – in 1929 – indicated there were just 505 people living there. Now, there are five times as many residents. The 15th U.S. Census in 1930 also says that there were more than 15,904 cows in Merrimack County living on the region's 1,997 farms. A gallon of milk at the time cost a mere 27 cents. The most recent census in 2014, took stock of just 600 farms left in Merrimack County in 2012 with just 4,745 cows.

"Everyone was farming, and no one had much money anyways," Cochrane said. The house her family moved to, for example, was hooked up to nearby power lines, but they didn't have the money to turn the electricity on.

Cochrane's first home in Canterbury had no running water – the bathroom was a "two-holer" outhouse at the other end of the Lee's woodshed. They used a woodstove to heat the house, cook, and warm up soapstone to heat the bed covers. "We only had one car, and my father had to use that to go to work," Cochrane said. While Canterbury was primarily farmland – and Cochrane's family had a vegetable garden, pigs, work horses and chickens – New Hampshire hosted far more workers in the manufacturing industry at that time. Cochrane's father, Vernon Lee, worked for Boston & Maine Railroad for a while, and he also worked as a custodian at the Tilton School. Her mother, Hazel, stayed home to tend to the animals and garden, and care for her daughter and two sons.

Cochrane attended the Carter School, a one-room schoolhouse on Carter Hill Road. "I could almost throw a rock and hit it," she said, sitting at her table in her current home near the intersection of Carter Hill and Northwest roads.

Cochrane met her husband, William, in high school. They didn't really hit it off until her graduation day, Cochrane said. "He said he was going to take me home, and I said, 'Well, you've got to ask my mother.' And he did. He asked her, and she said yes." They married young. She was 18 and he was 17. As a couple, they ran Cochrane's Farm on Center Road, growing and preserving vegetables and raising animals. They had five children, too. William, who went by "Bill," died 18 years ago, in the 55th year of their marriage.

On the day of her interview, Cochrane was covered head-to-toe, from the lilac wire rims on her glasses to her deep purple sneakers. Her bedroom is a mix of purple flowered linens and brightly painted lavender furniture. "Through the years, everyone's figured – I like purple, so they all give me purple at Christmas," she said, laughing.

Cochrane donned a grape-purple coat for a brief tour around town, which she said she's been highly active in over the years. "I've always belonged to every organization and still do," she said. She listed them off – the Canterbury Benevolent Society, the historical society, the former Grange and women's auxiliary, the local church.

Ella Mae said she's seen Canterbury change dramatically throughout the years. More people, fewer farms and more grown-up land. Pointing past the falling-down barn on her and her husband's former farm, Cochrane said the trees have all grown to block what used to be a perfect view of the mountains. "People used to call this the most beautiful property in Canterbury," she said.

Thinking about the changes throughout her lifetime, Cochrane said she certainly appreciates modern conveniences – such as a toilet with running water and using electricity, not kerosene lamps, to do her reading by – but prefers the way things used to be in a slower, quieter Canterbury. "To tell you the truth I liked it better then because it was small – a small town and a lot of country fields, open land," she said. "Now, it's getting so crowded. There's hardly any open land anywhere." Cochrane said she doesn't get upset about it – she just goes with the flow of time, change and life. "I had to figure I'm too old to worry about it," she said.

**Rest In Peace, Ella Mae.** A memorial service to celebrate Ella Mae's life will take place at CUCC on Tuesday, October 16th at 11:00 am, with a meal to follow, at the Parish House, provided by the Canterbury Benevolent Society.

# AROUND TOWN

## OLD MAN ON A MOUNTAIN

I asked Anne how long since we'd done our last mountain hike. She thought twenty years. I found it hard to believe it's been that long, but she's usually right. We'd climbed Valley Way to tree line on Madison where we sat and ate our lunch and watched the young folks parade by.

I'd thought that was my last climb, - not.

Recently I'd discovered a new joy of aging – getting off a med that was slowing me down, making me feel older than I was. Wow! Maybe I could go up a mountain again.

Turns out I could, but it wasn't pretty, especially coming back down. Well worth it, though, since it hasn't knocked me on my butt for a week the way strenuous activity did when I was on that med.

One hike I'd never done, but really wanted to, was the UNH Trail on Hedgehog Mtn. on the north edge of the Sandwich Range, just off the Kanc. It's on "favorite hikes" lists I've seen. So, I found out why.

It's described as a moderate three-hour hike, and only 2,532 ft. It wasn't moderate for this 76 year old! I never would have tried it alone, but recently I'd gotten back in touch with a good friend I'd been out of touch with for a few years. Scott had been our next door neighbor. He's a 47 year old mountain biker and was definitely up for the outing.

We got to the trail head about 10:30, in time for the last parking spot. Most places along the Kanc had cars by the dozens parked along the road side. I'd always avoided hiking in August. The trail started out along an old interesting railroad bed. It looked so inviting that we somehow disregarded the sign for the UNH trail up the mountain. It led us through swamp, soon opening up to a wide marsh and meadow with surrounding vistas of substantial peaks and many wildflowers spread before us including pearly everlasting. We could see Hedgehog back behind us. Well, it was a rewarding side trip.

The trail up, when we returned to it, started gradually enough through open mixed woods. It continued thus for awhile but eventually became less gradual and entered the most impressive boulder field I'd ever seen, many glacial erratics the size of small houses! Some of the trees were also giants. It was becoming more necessary to pay close attention to our footing, to clamber carefully, but the rock display was endlessly interesting.

The climb to the ledges and the outlooks was beginning to seem endless. But when we finally made it the views were exhilarating. Walking mostly on bare rock we looked out over the wilds of the northern Sandwich Range to Chocorua clear in the distance, and the hulking Mt. Passaconaway right across from us.

We clambered over ledges to the summit. One mile was beginning to feel like two. As we started down, we walked beside cliffs rising up to 25 ft. beside the trail. Hedgehog's the gnarliest mountain I've been on! Footing continued challenging. One mile began to seem like three. By the time we got to easy walking it was all I could do to put one foot in front of the other. At 7:00 p.m. I plopped down on a rock at the edge of the parking lot, glad to accept Scott's offer to bring the car up from the far end of the lot.

The following days I was slow, but not sore. The old bod still works, slowly and carefully! Planning an easier hike next time.

~ David Emerson

# CANTERBURY COMMUNITY NEWSLETTER

## Published By:

Canterbury United Community Church

5 Center Road

PO Box 216

Canterbury, NH 03224

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Canterbury, NH

03224

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Canterbury, NH 03224

## News Of:

Library

School

People

Town Government

Church Events

And More!



What makes Canterbury such a great town? Why do people want to live here? We've all got our own personal answers to these questions, but I'm pretty sure the responses would include things like, "The schools are good," and "It's rural," and "The community really supports each other." Yes, I would agree with all of these things and much, much, more. I grew up here, in the 1970s and 1980s with about half as many people in town as there are now. When I was in the sixth grade, I could (and often did) picture each road in my mind, and I knew who lived in just about every house. That may have been because my mother had at one time, been a census taker, and so I would go with her, house to house, to count the people. Often they would invite us in, give Mom a cup of coffee, and offer me a drink and a toy or book to occupy my time. Many families then had stay-at home mothers and the fathers were usually at work. Occasionally we would be deterred by a large barking dog, or not find anyone home, but Mom usually connected with them somehow or another. Everyone knew everyone else. We carpoled to school events and drove through snowstorms to get to ski meets. We made meals for neighbors who came upon unfortunate circumstances. We left our houses unlocked in case someone broke down and needed to use our phone. There were tough times, and tough people too. Domestic violence was rare but happening, and people helped each other quietly. Drugs and alcohol were more of a recreational activity rather than a form of self-medication and coping. Community events were few and far between, but when they happened, it was a big deal! From before I can remember (even before I was born) my family was involved in the Canterbury Fair. My Dad was the fair committee chairperson for awhile, taking on publicity for the annual event. I remember when the flyers would arrive at our house. Chicken BBQ, the What-Not Sale, Antiques, Morris Dancers, Kids Games (including my favorite... Pony Rides,) Crafters, and more! My brothers and sister would be recruited into helping out with something, and of course, my Mom baked beans and treats for the bake sale. The anticipation of this event rivaled the coming of Christmas. In the weeks leading up to the Fair, my friends and I would count out what little money we had worked for or earned through birthdays, and spend hours figuring out the games and food on which we would focus our time and treasure. Cotton Candy and a Frappe were of the utmost priority! I would go to bed that night with whatever small treasure I had won at the Fish Pond, and wish that the Fair could go on forever.

I wrote the above article about three years ago, with the intent to share my feelings about the Canterbury Fair. I am happy to share it again now, with the intent of helping newcomers to town to understand some of the wonderful things that happen here. Some folks that are newer to town have expressed frustration about being scoffed at, for maybe not knowing some of the long-time residents, or for not having the knowledge that comes from having been here for some time. My response to that is simply this: get involved, ask questions, and meet and talk with the people who do live here. Not everyone is a life-long resident, and there are plenty of folks here who know more about our town than this 45+ year resident! It will be what you make it, and you will only feel "in the know" if you put yourself in a position to gain that knowledge. Get to know your neighbors and don't take it personally if someone jokes about your lack of "townie" knowledge. Just ask a question, and chances are, you'll get a great story in return!

In Friendship and Neighborly Love,

~ Polly Camire