

From the Pastor

Greetings Canterburians,

I'd like to share with you something that took place in our worship service the morning after the Annual Canterbury Fair. Most everyone gathered in the sanctuary that morning had either been to the fair the day before and/or had attended many a Canterbury Fair in previous years. An event like the Fair offers our residents and visitors so many varied opportunities for good old fashioned fun. It also fosters an environment where special unexpected encounters can happen among neighbors and strangers—random acts of kindness, connection, and learning.

As a part of the service I invited the congregation to share aloud any particularly memorable moments they experienced as a part of their day at the Fair they felt needed lifting up as a part of the kindness and connection of the event. Most everyone there had a unique story to tell—several coming from folks who don't typically speak up in church. To describe a few, we heard stories of people encouraging others to step out and try something new; stories of intergenerational connection and sharing of knowledge; of acts of generosity among strangers; of the special power of live music and dancing; of the lasting power of offering a safe and memorable day to the children of our town and children visiting from elsewhere. These were but a few of the many good fruits inspired by this annual event. What really struck me was the strong feeling of the presence of the Spirit in the room as we opened up a space to be reminded of the not always seen yet powerful impact of our efforts to provide such an enjoyable day for our community.

I set the sermon I'd prepared for that morning to the side. The Spirit had already moved among us to offer the sacred Word for the day in those shared stories. My job was to recognize it and lift it up as such. Thank you to the many hands and hearts that came together in community spirit to make the day possible!

Peace,

Pastor Sara



Upcoming September Events

Sept. 4 - Canterbury Rascals 4H

Sept. 4 - Canterbury Business Group Meeting

Sept. 8 - Monarch Festival

Sept. 11 - State Primary - CES gym

Sept. 11 - Humanities To Go

Sept. 16 - Charlie Gilman Corn Roast

Sept. 20 - CES PTO Hot Dog Supper & Open House

Sept. 29 - CUCC Blessing of the Animals

Published for the Community by the
Canterbury United Community Church

September 2018

**CANTERBURY UNITED
COMMUNITY CHURCH**

CHURCH OFFICE 783-9365
Tues., Wed., Thurs. mornings.
Please call first.
mycanterburychurch@gmail.com

RESERVE PARISH HOUSE
783-4419, Judy Patterson

CANTERBURY FAIR
twitter.com/CanterburyFair
www.facebook.com/CanterburyFair

CANTERBURY NEWSLETTER

Deadline: 16th of the month prior
to the month you want the article to
Appear.

Editor: Denise Sojka 297
Southwest Road 783-9209
newslettercanterbury@gmail.com
PeopleNews:
newslettercanterbury@gmail.com

CES News: 783-9944 Mary Morrison
mmorrison@sau80.org

Town Crier: Lois Scribner
scribnerlois@gmail.com

Note: The Town Crier needs news
by NOON on Wed. to appear in the
following Sunday Concord Monitor

AROUND TOWN

LOUDON FOOD PANTRY 724-9731
30 Chichester Rd., Unit D, Loudon
Intake by appointment only on
Tuesday, Wednesday and Thursday.
Office hours and donations
accepted Tuesday, Thursday and
Friday 10 a.m. - 4 p.m. Please call
724-9731 if you need to donate
outside these hours. Closed
Mondays. For more info or to see if
you qualify for services, go to
loudonfoodpantry.org or email
info@loudonfoodpantry.org or call
Sue at 724-9731.

106 BEANSTALK 783-4305
Everyday - 5:00 am until 12:00
midnight

CANTERBURY STORE 783-9933
Mon.-Sat., 6:30 am - 6:00 pm
Sunday -; 8:00 am - 5:00 pm

BROOKFORD FARM STORE
724-4084
7:00 AM TO 7:00 PM EVERYDAY

POST OFFICE 783-4158
Mon. - Fri., 10:00 am - 5:00 pm
(closed 12:30 -1:30 pm);
Sat. 8:30 am – noon

TOWN OFFICES & ORGANIZATIONS

BUILDING INSPECTOR 783-9033
Scott Lacroix
buildinginspector@canterbury-nh.org
TRANSFER STATION 783-9980
Wed., 4:00-6:45 pm, Sat. 8:00-5:45pm
transferstation@canterbury-nh.org
FIRE PERMITS: see town website
canterbury-nh.org

HIGHWAY DEPARTMENT 783-4123
canterburyhighway@canterbury-nh.org
LIBRARY 783-4386
Mon. 1:00-7:00 pm, Tues., 9:00-6:00 pm
Wed. & Thurs., 9:00 am – 8:00 pm
Saturday, 9:00 am – noon
CANTERBURY POLICE OFFICE
783-0433 (NON-EMERGENCY)
Concord Police Dispatch
(non-emergency): 228-1010
EMERGENCIES – 911

FIRE DEPARTMENT
Fire Station: 783-4798
Fire Station Fax: 783-8964
Fire Chief email:
canterburyfire@canterbury-nh.org
Emergency calls: 911

**SELECTMEN'S OFFICE AND
ASSESSOR'S OFFICE 783-9955**
Mon. & Wed. 9:00 am – 1:00 pm
Thur 10:00am - 2:00pm
selectmen@canterbury-nh.org
assessing@canterbury-nh.org
TOWN CLERK/TAX COLLECTOR
783-0153

Monday 9 am – 3 pm, Tues., 3 pm – 7 pm
Thursday, 12 pm – 7 pm
taxcollector@canterbury-nh.org
townclerk@canterbury-nh.org

TOWN ADMINISTRATOR
kfolsom@canterbury-nh.org
PLANNING BOARD
planningboard@canterbury-nh.org

ZONING BOARD
zoningboard@canterbury-nh.org
CONSERVATION COMMISSION
conservationcommission@canterbury-nh.org

MONTHLY MEETINGS
Meet at the Meetinghouse (MH) unless
Otherwise noted
CONSERVATION COMMISSION
2nd Monday, 7:00 pm MH

Fire & Rescue
(at Municipal Complex)
Business Mtg., 1st Mon., 6:30 pm
Officers Meeting: Last Thurs., 7:00 pm
Trainings: All other Mondays, 7:00 pm
Library Trustees
2nd Monday, 7:00 pm, Elkins Library
Planning Board
2nd Tuesday, 7 pm, MH

4th Tuesday, as needed
Selectmen
1st & 3rd Monday, 6:00 pm, MH
Solid Waste Committee meets on the 4th
Monday at 6 PM at the Meeting House.

CLASSIFIEDS

GULF BROOK RENOVATIONS "When Ordinary Just Won't Do".
Bathrooms, Kitchens, Additions & more. Aging-in-place specialist
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Painting, carpentry, odd jobs, extra hand, and your to-do list. 20+
yrs. exp. – Insured- Donna Bond-724-5838 drbond1@comcast.net

FIREWOOD FOR SALE: It is not too early to order firewood. We
offer seasoned, sustainably harvested, hardwood, cut 16", split
and delivered locally. Check out our website and just see how
big the firewood pile is. <http://www.northfamilyfarm.com> or call
Jill or Tim at 783-4712.

ORGANIC MAPLE SYRUP: Delicious maple syrup. It is a good
local sweetener with some health benefits and a great tradition
on those Sunday pancakes. Maple syrup works well as a
sweetener in any recipe. Go to our website for more information
and recipes! <http://www.northfamilyfarm.com> or call Jill or Tim
783-4712 for pick up at farm. One can also come to our booth at
the Canterbury Community Farmers Market on Wednesdays from
4:00 to 6:30pm in the Elkins Library parking lot.

MAQ DESIGN – offering quality custom upholstery, slipcovers
that fit, and artisan window treatments – Where Quality Counts
And Details Make The Difference! By appointment.
maryann@maqdesign.net, 783-9640, maqdesign.net.

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Central Energy, LLC "celebrating 85 years in business"
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A/C Installations & service. As well as all your oil heat needs
for service, installations & annual cleanings. Oil tanks &
water heaters too. Call Barry at 603-724-9603 here in
Canterbury and visit us at www.centralenergy1.com

PETALS IN THE PINES Open 9-2 on Sep. 13, 20 & 27 for "Spread
Your Wings" Days, spontaneous outdoor play for kids in
our Nature Explore Outdoor Classroom. Scheduling fall birthday
parties. Self-service farm stand, Tale Trail and self-guided garden
tours daily 9-6. Flower bouquets available Fri-Sun and by request
through first frost. Call 783-0220;
visit www.petalsinthepines.com; 126 Baptist Rd.

**GUITAR LESSONS AT YOUR HOME OR MINE-CANTERBURY
AREA** All ages - All styles of music. Berklee/New England
Conservatory alum. Ask me about my flexible summer programs.
Tony (603)475-3471 tonyz84@aol.com

RIVERLAND ON THE MERRIMACK, a new Canterbury bed and
breakfast, is now accepting reservations. Send us your tired,
your hungry, your out of town relatives...Visit:
www.riverlandonthemerrimack.com or phone(603) 562-6059.

EDWARDS & ASSOCIATES, CPA –Are you a small business
owner? We offer complete Tax & Accounting Services for
businesses & individuals. We don't just crunch numbers. We
specialize in understanding your business so that you can focus
on growth and profitability. Quickbooks ProAdvisors & Tax
Resolution. We're local! Find us on Facebook
<http://fb.com/cpataxpronh> or call Kim Edwards 286-8000.
Edwards & Associates, CPA P.C. www.nhtaxpro.com

HOW TO PLACE A NEWSLETTER AD

The deadline is the 16th of each month. \$7 for 30 words or less or \$14
for up to 60 words. Please email ad to newsletter (see address below)
and mail payment to CUCC, PO Box 216, Canterbury, NH 03224.

Must be received by the 16th!

CHURCH NEWS

Animal Blessing Service in the Center Saturday, September 29!

Come join us! The Canterbury United Community Church and The Church of the Woods will be hosting an Animal Blessing Service at 3 p.m. on Saturday, September 29th in the Canterbury Center outside the CUCC sanctuary building.

The creatures we share our earth and our homes with are a special blessing to us. We take this opportunity to come together and bless them and celebrate their presence in our world and families as sacred.

All reasonably well socialized animals are welcomed. You can also bring a picture of your animal if you'd like, and we will bless them from a distance. ☺ For more information contact Pastor Sara at the CUCC office (603) 783-9365.

News From Zimbabwe

Zimbabwe had a recent Presidential election. It was contested by the opposition, but it looks like the President will be Manangagwa, who took over after Mugabe. Mostly, I just pray for peace, it has been a little unsettled.

On a bright note, we have added 2 more college graduates making a total of 7. These are the people who will sustain ALFZ as they begin to pay it forward. Quite a few more high school students are writing final exams in November, 2018.

We are trying to raise funds for an 8 year old little boy with a badly deformed lower leg which, when broken, was never set and healed badly. He can walk but not run or kick a ball. We sent him to the capital with a teacher for a consultation, and are now trying to raise \$1200 for corrective surgery and are half way there.

If you would like to help us reach our goal, please contact me.

Sue Heppenstall, President ALFZ

493-2230



The annual **Charlie Gilman Corn Roast** will be held on September 16th, at 11:30 a.m. in the Parish Hall. Come enjoy ears of fresh local corn roasted in their husks.

Please bring a dish (salad, fruit salad, sandwiches, etc) to share. Beverages will be provided.

Sharing Practices of the Spirit at Canterbury Shaker Village

Everyone in Canterbury -- and their friends beyond! -- is welcomed to a special event at the Shaker Village on Sunday, October 28: a day for exploring spiritual practices from a variety of beliefs, traditions and ways to gather, share, and celebrate our deepest connections.

The event is co-sponsored by Canterbury Shaker Village, the Canterbury United Community Church, the Concord Quaker Meeting, and the Church of the Woods / Kairos Earth.

This is the second year these organizations have joined to create an opportunity for anyone, regardless of outlook, to gather in a spirit of open-minded exploration. The first event, last fall, yielded an abundance of energy and good will. The dominant feedback we heard was "Please do this again" -- and so we are!

This year's event is free, family-friendly and runs from 8 a.m. to 2 p.m. on Sunday, Oct. 28. Highlights of the day will include an opening gathering, a joint worship service, a potluck lunch and a closing gathering. Offerings collected during the service will benefit the Canterbury Fund.

Two sets of workshops, one at 9 and the other at 11:15, will offer varied opportunities to engage your sense of spirituality through nature, contemplation, song, yoga and tai chi. Special children's workshops will be offered at both times too.

You can attend as much -- or as little -- of the day as you'd like. We are encouraging registration to help with planning. You can register -- and learn more now -- by visiting our event website: <http://kairosearth.org/church-of-the-woods/upcoming-events/sharing-practices-of-the-spirit/>

We'll also be back with full details in the October newsletter!

CONDOLENCES

Thomas J. Hallyburton, 87 of Yardley PA, son-in-law of the Moody's, passed peacefully on July 3, 2018. He will be buried in Maple Grove Cemetery. Friends of the family are invited to a Celebration of Life Event with lunch on Oct. 13th at approximately 1pm at Shaker Village, in the education center. Please join us if you are able and RSVP to Debra Samaha at dsamaha@Comcast.net or call 603-225-2852 by September 28th so that we can plan lunch accordingly. Dad would want to make sure there is enough food!

Save the Date for the First Annual Pie & Trail Day at Church of the Woods!

We'll be having a campfire and overnight camping on Saturday, September 29, followed by a full day of activities on Sunday, September 30, that launches our network of walking trails and celebrates the goodness of well-baked pies. Worship services will be at 9 am and 3 pm.

More information can be found at www.kairosearth.org/upcoming-events.

LIBRARY NEWS

The library will be closed on **Mon. Sept. 3** in observance of Labor Day.

The Library Trustees meet Mon. Sept. 10 at 7:00.

Story Hour! Tues. Sept. 4 and 18 at 10:00. This month we will explore LADYBUG Book Award nominees for 2018. Come participate in a 5 minute dance party, hear a story and make a craft to take home. There are some wonderful books on the list this year, come tell us which is your favorite.

Rock N' Read! Babies and toddlers will have fun with music and movement activities. Tues. **Sept. 11 and 25 at 10:00.** Come visit with your baby friends and learn new songs and rhymes. An age appropriate craft follows the program.

Lego Club! We have lots of Legos to create and build with **Tues. Sept 4 and 18** and from 4:00 to 5:00. Kids of all ages welcome!

YOUNG READER'S CLUB: **Mon. Sept. 17 at 3:15.** Grades 4-6 come join in an ice breaker activity and learn more about each other and what this group is all about!

TAG: Teen Advisory Group: Mon. Sept. 17 at 6:00. You really have to check out this awesome group at the library. Each month features great discussion and food. At this meeting we will discuss our plans for the year – you decide!

AFTER SCHOOL: If your child, age 9 or older, will be coming to the library after school, please stop in, sign up to receive pertinent information.

“**Libraries Rock**” the nationwide **Summer Reading** theme was celebrated with 314 children and 172 adults for 15 programs throughout June and July. The fun all began with Steve Blunt and ended with Linda Weiser at our Summer Finale! We entertained the crowds throughout the months of June and July with program opportunities full of activities, crafts, music and goodies to eat. A special thanks to our Friends of Elkins Public Library volunteers for their help throughout the summer program and for funds for our kick off entertainment. For pictures of the fun we had ALL summer, check out our FaceBook page or go to our new website at www.elkinspubliclibrary.org

OMBBC (Old Man Boring Book Club) Not just for men! **Thurs. Sept. 6 at 7pm.** Join in to share thoughts and opinions of non-fiction selections that you have recently enjoyed. This month the group will also discuss, “*Stranger in the Woods*,” by Michael Finkel. Copies are available at the library.

The books are in! The **Book Discussion Group** will meet on **Tues. Sept. 18 at 7:00.** Copies of “*Small Great Things*,” by Jodi Picoult are available at the library.

Zen Coloring every Thurs. from 1:30 to 3. Quiet music, coloring supplies and refreshments. New supplies are in!

Elkins Library Knitters will reconvene on **Wed. Sept. 12 at 6:30.** All levels of knitters are welcome.

Humanities-To-GO! on Tues., Sept. 11 at 7:00. Join us for George Morrison's presentation of **ROBERT ROGERS AND THE RANGERS.**

On a frontier where individualism flourished, New Hampshire's consummate woodsman was just the leader to bring his men back safely from deep in dangerous country, even in stormy, freezing weather. "The famous Major Rogers" renown was such that he became perhaps the single-best-known American on both sides of the Atlantic. In October 1765, a private audience with young King George III led, eleven months later, to the launching of an expedition to find the long-dreamed-of Northwest Passage to the Pacific - forty years before Lewis and Clark.

HOPE JORDAN POETRY READING: Thursday, September 20 at 7pm

Hope Jordan, a Canterbury resident, was awarded the 2018 Academy of American Poets prize at UMass Boston, where she is an MFA candidate. Her poems have appeared recently in *Redheaded Stepchild*, *Nine Mile*, and *Comstock Review*. Her chapbook, *The Day She Decided to Feed Crows*, was published by Cervena Barva Press in 2018.

Download audio books and periodicals! Check out the website <http://nh.lib.overdrive.com>. Contact the **library** to **register** for this service.

Family Passes- Call to reserve the pass you would like to borrow (783-4386)

SEE Science Center; Shaker Village; Currier Museum of Art and the Squam Lakes Science Center and New Hampshire Parks.



Canterbury Youth Soccer

We hope that everyone already knows about Canterbury Youth Soccer, but just in case:

Two Registration Nights were held at Elkins Public Library in August.

We are excited for this year's soccer season. Your team is Laura Waldron, Barbara Slayton, and Laura Crockford. We have the following teams: Preschool, K/1, 2/3, and 4/5/6.

If you have any blue Canterbury soccer shirts available, contact one of us. We may be able to use them this year for those players who need a shirt. We will be ordering new shirts for the 4/5/6 team.

Questions? Contact Laura Crockford at yogaforkids3@gmail.com

We welcome three new staff members this year. Dawn Angus began as our head custodian this February. Jeff Koch is now our evening custodian and Michelle Chapman is our special education teaching assistant.

The annual CES PTO Hot Dog Supper/Open House will be held on Thursday, September 20. Food will be served from 5:00 to 6:00 P.M. and teachers will be in their classrooms to greet visitors from 6:00 to 7:00 P.M. All are welcome.

School District staff will be available on that evening (9-20) from 5:00 to 6:00 P.M. for volunteer fingerprinting. Parents or community members who wish to become school volunteers need to be fingerprinted for a background check. This is done only once, so anyone who has already been fingerprinted by the district, does not need to have it done again. However, **all volunteers** must fill out the annual affidavit form, so their names can go to the next school board meeting for final approval. Only after that approval can individuals participate in school activities.

The CES library is sponsoring a Scholastic Book Fair during the school day throughout the week of September 17. The Fair will also be open on the evening of the 20th from 5:00 to 7:00 P.M. The Fair's theme is The Enchanted Forest Book Fair, *Let your Imagination Grow*.

September Calendar

August 31 & September 3	Labor Day Weekend – No School
September 11	School Board Meeting BHS 6:00
September 17	PTO Meeting 6:30 CES Library
September 17 to the 21	Scholastic Book Fair 9:00-3:00
	Thursday, Sept 20, 5:00-7:00
September 20	PTO Hot Dog Supper and Open House
	Fingerprinting Clinic 5:00-6:00

~Mary Morrison

CONGRATULATIONS

Elliot Chiang, son of Lydia Chiang, and grandson of Julia Brown graduated with honors from UNH. Chiang majored in sociology. He will work in higher education administration at a local university. He plans to attend graduate school to continue his studies.

CELEBRATING BOOKS!

Celebrating books with a sale by donation of the contents of the Canterbury Children's Center Library, 53 Pickard Road, which closed in 2013.

It will be held on Columbus Day Weekend, October 6 (2-5) and October 7 (10-5). There will be a special early opening on October 6 for CCC alumni and their families from 10-2.

Canterbury Business Group

The next Canterbury Business Group Meeting is September 4th at 6:30, Meeting House, Canterbury Center (behind the church).

Jared Reynolds from Cooperative Extension will be back with us. Continued discussions about Community based goal objectives, and ways to build effective communication through online, social, and printed materials will be on the agenda.

All are welcome to attend.

WEIGHTS AND WALKERS CLASS

The Weights and Walkers Exercise Group has been going strong all summer long. If you are interested in participating in a non-judgemental, fun, yet serious exercise class, this is for you. Each person determines their own level of effort, time commitment, and weights used. Walkers meet at 8:00 AM behind the Parish Hall and WALK for 20-30 minutes. Weight-lifters to Strengthen meet at 8:30 AM in the Parish Hall. (Most exercises can be modified for those who have difficulty standing.) Again:

Monday and Friday mornings:
8:00 AM WALK
8:30 -9:30 AM WEIGHTS

This class is FREE. Please Contact Judy Nelson (783-9658 or Cell: 493-4207) if you need more information. (Please note as the days get shorter in the Fall, the class meeting times will shift by a half hour to 8:30 and 9:00 AM)

Update from Canterbury Center Bed and Breakfast

It is hoped that during September and October there will be some degree of relative completion of the yard and gardens! New garden loam is being laid and Lois will be very appreciative of any perennials that town residents want to split and shed. Some of Nola Stokes' old bulbs and flowers have been saved up in the field, and plants from the Plant Swap and Canterbury Plantation have done well out in the doorway area. The goal is to have as many 'Canterbury' plantings as possible. If anyone has daffodils to share, they would also be gratefully received. The 4 guest rooms will be open during September and for foliage in October and breakfasts have been replete with local produce from Sanborn Meadow Farm and Our Place Farm as well as Betty's breads from the Country Store.

Please check website
CanterburyCenterBedandBreakfast.com or
email lois@canterburycenterbedandbreakfast.com
call 603 783 0206 with any inquiries.

CANTERBURY FAIR WRAP UP MEETING DATE!!!!!!!!!!

Will be held, Wednesday, 26 September 2018 at 7 PM in the Meetinghouse.
Please join us to review this year's Fair and start thinking about next year.....
We haven't a minute to lose!!!!!!!!!!

AROUND TOWN

Canterbury Shaker Village

We have a busy fall season ahead of us, with many exciting events and workshops on our calendar. More information about all these programs is on our website at <http://www.shakers.org>. Also, starting Monday, September 3, the Village will be open 7 days a week from 10am-5pm. Guided tours will be offered 3 times daily, at 11am, 1pm, and 3pm.

Shaker Chair in a Box – September 8 & 22, 9am-5pm

If you've ever thought it would be fun to make your own Shaker chair – this is the workshop for you! The first Saturday, you'll assemble and prepare a Shaker chair kit and learn to apply a paint, oil or stain finish. During the week, you'll complete the finishing at home. The second Saturday, you'll learn to tape the seat.

A Course in Tai Chi for Beginners & Previous Attendees – Mondays, September 10-October 29, 5:30-6:30pm

Individuals with no previous exposure to tai chi will learn how this ancient Chinese exercise regimen can prevent and/or remediate common health problems. If you can sit, stand and shrug your shoulders, you can do tai chi. By the end of the 8 weeks, participants will be able to perform the preparatory tai chi exercise called Tai Chi gong, as well as the first section of the traditional Yang style Tai Chi "Slow Set". Daily practice of these simple exercise movements can improve immune function, reduce stress and hypertension, improve sleep and eliminate a number of musculoskeletal aches and pains. Those who have previously taken this course will continue on through the second and third sections of the Tai Chi Slow set. This 8 week class will take place out by the Garden Barn, next to the Shaker Organic Gardens and overlooking the Village's ponds. In inclement weather, the class will be held in the Visitor Education Center.

Canterbury Artisan Festival – September 15, 10am-5pm

The Canterbury Artisan Festival is a celebration of handcrafted arts with music, food, family craft activities, farm animals and demonstrations. Come admire artisans' work and find unique gifts or something special for yourself!

ABC's of Letterpress Printing – September 29, 9:30am-4:30pm

Learn the basics of letterpress printing in the Canterbury Shaker Village Print Shop! Participants will design their own personal project incorporating different type faces, "wing dings," and Victorian graphic enhancers. After hand-setting the type, participants will print their projects on a hand-fed, nineteenth-century platen printing press. Possible projects include party invitations, Christmas cards, personalized note cards and stationary, business cards, or other fun projects.

Rugs in the Shaker Spirit: Knitted, Crocheted, and Sewn – September 30, 9am-4pm

By 1794, Shakers founded eleven communities throughout New England. Women would exchange needlework techniques from village to village. Come spend the day to learn several of these stitches. We will cover the Shaker confetti rug, corded, coiled, washboard, starburst and a few other as well as simple rag rugs. This workshop is all about recycling worn or unused clothing into useful utilitarian rugs that are knitted, crocheted or sewn. We will complete swatches for you to have the skills to go on to designing your own heirloom rugs. Only basic stitches are used, a great beginners project.

Legacy of the Land: Searching for Clues to the Past – September 30, 2-4pm

Furniture, dishes, clothing, journals and documents that are preserved can provide information about the lives of Shakers from 100 or 200 years ago. However, when you step outside, the landscape is much harder to preserve because trees grow up in abandoned fields, old buildings fall down if left unattended, vines grow over stonewalls that once marked the edge of a pasture. Exploring the woods in search of these clues can provide insight to past activity. Join naturalist Ruth Smith on a hike of discovery as we explore some of the outskirts of Shaker Village in search of clues to the past. This walk will cover uneven ground, sturdy shoes are recommended.

HISTORICAL SOCIETY NEWS

As we look forward to the fall, we are excited to anticipate the many things we will be working on over the next several months. Just a few examples include, planning for our 12th year of the One Room Schoolhouse program; completion of the digitization of the entire Cody Glass Negative Collection with an eye to planning a premier exhibit showing photos taken over 100 years ago, many of which have never or rarely been on public display before; continue work on our Architectural Study of Canterbury's old houses which we hope will result in an exhibit to be launched next year; plan for our Annual Meeting to be held later in the fall.

Another effort we plan to undertake is to launch a "Welcome Canterbury Neighbor" program that we hope will become an annual event at which new residents will be invited to meet current townfolk, become familiar with town organizations and just generally be welcomed! We are just beginning this effort and would welcome you to be part of helping us make this a reality. Contact any member of the the societys' trustees or leave your name at the library and we will contact you.

~ Robert Scarponi

Canterbury Community Farmers Market End of Season Schedule

How is it possible that school is starting and the nights are actually (finally) getting cooler? Weren't we just putting the tomato seedlings under the grow lights? But never fear, there is still PLENTY of great produce, fruits, berries, dairy, baked goods, eggs, sweets, and crafts at the Market. Enough to set your stew pot simmering, and to fill your dinner plates as the leaves start to turn. Please join us for the next five Markets -- through September, and the first week of October!

Wed., Sept. 5, Zu-Mato Festival! LOTS of tomatoes and zucchini available now! Come fill your tote bags. Music by Paul Warnick.

Wed., Sept. 12, Name That Veggie! A close look at the wide variety of produce available at the Market. Some of it may be new to you! Music by Paul Hubert.

Wed., Sept. 19, A is for Apple. This week's Market will focus on late season orchard fruits and berries. Got pie? Music by Paul Luff.

Wed., Sept. 26, Bountiful Baskets! Let us take a picture of the beautiful and bountiful local goodness in your take-home basket! Music by Brad Myrick.

Wed., Oct. 3, Fall Frolic. This is the last outdoor Market of the summer season. Stock up on winter and summer squash, potatoes, preserves and more! Music by Steve Furbish

Thanks to Grappone Auto Group for their ongoing support of the Music at the Market!

AROUND TOWN

TOWN ADMINISTRATOR

It has been a very busy summer here in our small town of Canterbury. The Board of Selectmen, Town Office Staff, Town Employees and elected and appointed boards and committees have been active on various projects.

Sam Lake House Update. Work continues to progress on schedule. The exterior has been completed except for the final painting and light fixtures. The roofing contractor gave the town a very good price on a slate roof vs. asphalt shingles and the Board of Selectmen decided to go with the slate. This will save the town money in the future as slate is typically a lifetime product. The interior has been insulated with 2" of spray foam and 3" of cellulose dense pack in the walls for an R-29 and 15" of cellulose in the ceiling for and R-49 value. The basement ceiling will have 9" of fiberglass for an R-30. We also upgraded the HVAC from a gas furnace and AC to Mitsubishi Ductless Mini-Split AC and Heat Pumps. These are all electric units that will be partially powered by the existing solar panels. We received a grant from Unitil for the upgrades. Drywall is being installed and the interior paint and finish work will start soon. During construction it was determined that a new septic system was required. The Board of Selectmen spent quite a bit of time to find a way to find a way for The Canterbury United Community Church and the Canterbury Community Market, LLC to agree on a plan that enables the Parish House and store property to access use of the new leach bed at the Sam Lake House. This was done because both properties are too small to support updated septic systems if needed. A contract and easements will be signed to make this agreement a legal and lasting arrangement.

The Highway Department is back up to full staff with the hiring of Evan Hauptman. Evan has several years of experience with equipment operation and truck driving.

The exterior painting of the Elkins Museum was completed by Nick Wright. He has also painted the Library and is working on the Meeting House.

After several meetings with the Building Inspector/ Code Enforcement Officer, Fire Chief, Assessor and myself, the Board of Selectmen have authorized some changes to building permits and fees. Building permits are required for any construction. However, there is no fee for an accessory building under 144 Square feet. Please visit the Town website for the updated applications and fees. Applications can be printed from the website or picked up at the Town Office during regular business hours.

Voting on September 11, 2018 will take place at Canterbury Elementary School. The School will be in session and voting will be in the gym. Please be aware of the school bus drop off in the morning from 8:00 to 8:15 and pick up in the afternoon from 3:00-3:30. Parking in the school lot may be delayed during these times. The Municipal building parking lot is available for parking also.

(continued at top of page)

Town Administrator news continued:

The paving on town roads will start with reclaiming on Old Tilton Rd. on Sept. 17th and paving on the 19th. These are tentative dates that may change due to weather. We will post any changes on the town website and Face Book page. The roads being paved are: Old Tilton Rd. from #38 to Clough Tavern Rd., Hackleboro Rd. between Lamprey Rd. and Orchard Rd. and from #150 to the end of the current paved section, Intervale Rd. from West Rd. for approximately 1,400 ft. and from #117 to #139 and #163 to #222. Shaker Road from Wyven Road to the town line will have a Sand Seal applied. Work is scheduled for August.

~ Ken Folsom
Town Administrator

From the Office of the Town Clerk

Please be aware the Office of the Town Clerk and Tax Collector will be **closed Thursday, 25 October 2018**. We will be attending the annual Town Clerk Conference.

Voting in the **September 11, 2018 State Primary** will take place in the Gym/Cafeteria at the **CANTERBURY ELEMENTARY SCHOOL** between the hours of 7 AM and 7 PM.

DOG REMINDERS: If you are new to town or have a new dog they are required to be registered with the Town and licensed. Current rabies vaccination information must be provided.

How about this hot, humid summer!?!? A HUGE THANK YOU to Jim and Denise Sojka for lending the staff working in the Town Hall, a window air conditioner.

Glad to keep it just under 100 on any number of sweltering days and making it possible not to melt the computers or us!

Helpful Motor Vehicle News: If you plan to transfer plates from an old vehicle to a newly acquired one, you must bring with you the current registration of the old vehicle.

Please remember we can only accept cash or checks as payment for transactions. We have no way to process credit cards in the town offices.

CANTERBURY 4H RASCALS

The Canterbury Rascals 4H Club's new year will begin in September. Our first meeting will be on Tuesday, September 4th in the Parish House with snack at 6:15 and the meeting at 6:30pm. We will welcome new members, go over our bylaws, and return items that members submitted to the Hopkinton Fair. We have 2 meetings in September; our second meeting will be on Monday, September 10th.

Over the summer, many of our members enjoyed classes on Zentangle, Cupcake Decorating, and Sculpey Bowls. Some of our members worked on improving their calligraphy skills.

The Rascals meet on the first Monday of the month. We welcome all youth who will be 8 as of January 1st, 2019. There is also a Cloverbuds group for ages 5-8. For more information, contact Laura Crockford at canterburyrascals4H@gmail.com or 540-9877.

AROUND TOWN

CANTERBURY FIRE AND RESCUE

September is National Preparedness Month. Now is the time to plan and prepare for emergency events that could disrupt our normal routines. Of all the possible disasters that may impact us, fire is the most likely event that you may encounter. Start with basic planning. Make sure smoke and carbon monoxide detection is in place and operational. Have a family escape plan. Have a small portable fire extinguisher and know how to use it.

A few other things to consider in Emergency Preparedness preparation.

- Get a phone app that will notify you of weather alerts in our area.
- Prepare a Go Bag with things that would be needed if you had to evacuate with short notice.
- Always have a few day's supply of food and water on hand in the event that you could not leave your residence. Also, consider medication needs.
- When planning, consider that some disasters could take out cell service for extended periods of time. Plan on other options on how you will communicate with family and friends.
- Have a plan and supplies for dealing with extended power outages.
- Several web sites offer planning guides and checklists to assist you with this activity.

If you are a High School student in the Shaker Regional School District and have an interest in Emergency Services, Firefighting or EMT, please contact me at the station as there may be opportunities for programs offered at the High School level.

~ Guy Newbery

Saturday October 27 Canterbury Halloween Celebration 5:30 to 7:30 in the Town Center

- Spooky Stories in the Library
- Candy Stops Around the Center
- Not-So-Spooky-House in the Meeting Hall
- Cookie Decorating/Cider
- S'mores

We need donations! We are grateful for a grant from the Canterbury Fund which covers much of the expense, but we depend on additional donations of candy, non-candy treats, pumpkins, supplies, and volunteers to make this night happen. Donations of candy/stickers/temporary tattoos/ etc. gratefully accepted. You can drop them off at the Elkins Library during library hours. Thank you!

Please contact Randi Johnson at 603-738-4618 with any questions or if you would like to help.

CANTERBURY POLICE DEPARTMENT

Canterbury Police Department would like to remind residents that School is back in session, which means the "School Zone" in front of the Elementary School is 20 MPH when the flashing lights are operating. Also, please remember to stay alert and drive safely during the hours the school opens and closes, watch for school buses and children at the bus stops.

The Canterbury Police Department would like to welcome Officer Justin Crotty to our Agency. Officer Crotty comes with several years of Law Enforcement experience both in Florida and New Hampshire. Officer Crotty also served in the United States Air Force and is presently a Sergeant in the Army National Guard. Also, by the time this newsletter is published you will be seeing our new cruisers on the Canterbury Roads.

The Canterbury Police Department, since the beginning of July to date, have responded to 383 Calls for Service, 6 Motor Vehicle Accidents, issued 315 Citations (which includes warnings), investigated 42 Incidents and had 18 Arrests.

The Canterbury Police Department would like to ask the residents that have farm animals that may or have taken a walk-about in the town to please call (783-0433) or email (canterburypolice@canterbury-nh.org) with your contact information so we can contact you quicker in case we receive calls or we come across them. (editor's note - only in a small town!)

A reminder: to reach a police officer on duty you need to call 228-1010 which is our 24-hour dispatch line and please do not use our Facebook page to report incidents or to contact an Officer, it's for information only. If it is an emergency, **911** is the best way. The 783-0433 number is for business such as requesting reports, pistol permits, or looking to leave a message for a particular officer, please listen to the automated prompts.

From Officer Bibeau - The Canterbury Police Department will have a Neighborhood Watch Meeting, Thursday, September 13th at 6:30 pm at the Police Department

Sincerely,

Chief Michael P. Labrecque

"To wear the badge is a choice, to serve the public is an honor!"

Trail Notes

Joe and I have clearly flagged the Meadow Pond Trail at Shaker Village including a new entrance behind the horse barn. (The old entrance is filled with blow downs.)

For details on the new entrance or if you'd like to help with brushing or some chain saw work call 783-4403.

~ Dave Emerson

AROUND TOWN

6th Annual MONARCH FESTIVAL

Saturday, Sept. 8th 9 AM - 4 PM

\$5 suggested donation for adults, kids are free!

This summer has been a good one for the monarch butterfly in our region. Many have reported sightings of butterflies and found eggs and caterpillars on milkweed. We have a lot to celebrate, but the Monarchs are not out of the woods yet. Come learn about the things we can do to help them, and all insects and pollinators.

- * Observe our caterpillar rearing tent; we'll do Monarch tagging demonstrations (if we have any Monarchs emerging that day.)
- * Fun games and activities for kids in our Nature Explore Outdoor Classroom.
- * Visit our "Monarch Maternity Ward" garden to search for Monarch eggs, caterpillars, chrysalises, and butterflies.
- * Learn about the plight of the Monarch at our "Monarch Education Station."
- * Learn about Butterfly Gardening and see our Monarch Way Station.
- * Tour our **25** Theme Gardens and walk on our nature trails
- * Free Milkweed seeds available while supplies last.
- * Vendors

Visit our web site, www.petalsinthepines.com for up-to-date details about the Monarch Festival. Look for the "Monarch" signs to direct you to 126 Baptist Rd. Please leave pets at home. Carpooling is encouraged. We hope to see you there!



The Best of Summer

For those of us with grandkids, generally anything we get to do with them qualifies as "the best." Ours live in Colorado, so it's been a highlight to explore mining history with them.

But they still consider themselves New Hampshireites, though when the family comes east they spend most of their time at Anne's family's shore place in Rhode Island. So, it's my joy and responsibility to provide them with New Hampshire memories as much as I can.

When we discovered we'd been designated to drive 12 year old Glen to his camp in Maine, we strongly suggested he come early so we could do some stuff together.

Our two days were well spent. It was showery the first day, so we did a couple walks here. Carding Mill Trail was lovely with raindrops dimpling the pond. Then we did our trail to the brook, brushing it out.

And the next day was gorgeous! Glen wasn't anxious to do a mountain hike as they'd just been up to the continental divide in Colorado. But he was very up for a canoe trip on the Connecticut, The Cohasse, where I'd always wanted to paddle as it has the reputation of being the prettiest stretch of the river – spectacular mountain views.

We put in at Newbury, Vermont. A family car spotting there told us the river was mostly through woods. We had it pretty much to ourselves though. 2 kingfishers. I doubt we saw more than couple dozen kayaks in our close to 3 hours on the water. When we got to the shallows people standing in the river told us there were views further ahead. We paddled and paddled. After 1 ¼ hours we were on this lovely wide reach with open banks. Finally approaching its far end, we ran into the family we'd met at the start.

"Where are the views?" we asked.

"Right here!" they replied. We turned and looked back and there before us were Moosilauke and Kinsman! Well worth the paddle.

The rest of the family arrived at our house for supper after driving straight through from Colorado. They seemed none the worse for it. The boys, Lyle, 9, and Clay, 15, said they'd be up for going out on our trails the next day and, sure enough, they were up in good season. And they were up for trail work.

The old woods road section, chewed up by the processor head logging, had grown up badly and had considerable down wood on it from the monster. I brush scythed and the boys moved the wood off the trail. They can work, I was relieved to find. (And so, it turns out, can their sister Anne, 6. She wanted to work on the shaving horse in the shop. She took a few passes with the spoke shave.

"Can I take it home?" she asked.

"But Anne, you haven't done anything to it. It's still just a stick. You have sticks at home."

Well, she lit into it 'til there was nothing left but a shining "sword" and a big pile of shavings.

As good as it gets!

~David Emerson

LOUDON FOOD PANTRY

Loudon Old Home Day

We had a booth at Loudon Old Home Day and had a blast! We spoke to many people about what we do, who we feed and how we feed those in need. Everyone seemed to be having a great time.

Annual Halloween Party!

The annual Halloween Party fundraiser is coming fast and we want to make it bigger and better than ever by bringing back old favorites and adding new things: Scavenger Hunt, Haunted House, Face Painting, Magician, Music, Games, Giving Contest, Pumpkin Decorating Contest, Coolest and Cutest Costume Contest, Spooktacular Shoppe and Concession Stand.

In order to make this happen, we need people to donate funds to cover the expenses and make this fun for the kids and a successful fundraising event for Loudon Food Pantry.

To find out how to donate or volunteer, please enter <http://tinyurl.com/zkt9ogm> into the address bar of any web browser.

Canterbury Community Farmers Market

Check out the Farmers Market every Wednesday from 4:00 pm - 6:30 pm. The Market is held in the parking area and field next to the Elkins Library in the Historic center of Canterbury, rain or shine (except for big thunderstorms).

SNAP (Food Stamps) / EBT / debit and credit cards accepted. Matching funds for the first \$20 or SNAP (Food Stamps) benefit used!

Need more info? Go to www.ccfma.net or find the market on Facebook!

CANTERBURY COMMUNITY NEWSLETTER

Published By:

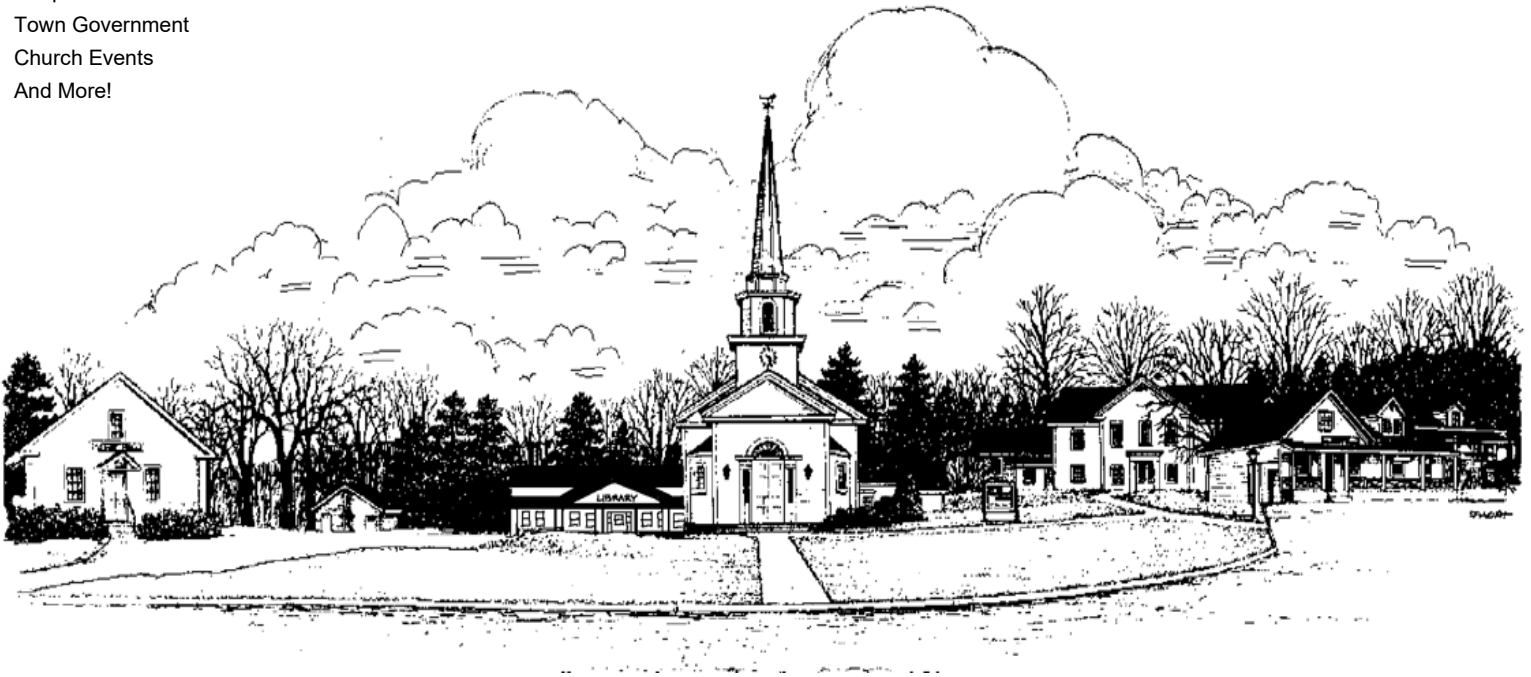
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The S.T.A.R.S. Program Opens Recovery Month with “20/20” Breaking Point: Heroin in America

Fundraiser and Panel Discussion about New Hampshire’s Substance Use Disorder Issue and Progress

The STARS Program (Scholarship Trust for Addiction Recovery Services) is hosting a fundraiser to kick off September with a NH-based documentary titled “20/20” Breaking Point: Heroin in America starring David Muir. The evening will begin at **5:30 PM, Wednesday, September 5, 2018 at the Red River Theatres** in downtown Concord. The documentary, originally aired on ABC News “20/20” in June 2016, brings to light the true nature of Substance Use Disorders, particularly Heroin, in cities across America while focusing on New Hampshire based issues and many champions fighting to make a difference.

Tickets for the event will be on sale for \$35 per person, \$40 at the door, which includes hors d’oeuvres catered by O Steak and Seafood Restaurant, a silent auction, soft drinks, and networking at 5:30 PM in the Simchik Theatre. At 6:30 PM, the documentary will be presented in the Stonyfield Theatre and a panel discussion will follow. Tickets can be purchased on our website through the Eventbrite link at:

<http://starsgrantrecovery.org/news-events/event-calendar.html/event/2018/09/05/recovery-film-screening/208806>

The S.T.A.R.S. Program is a 501(c) 3 that raises and distributes funds in New Hampshire for motivated individuals who are seeking support in their recovery from substance use disorder. Since 2015, When President Donna Marston took over the non-profit, STARS has given out over more than \$24K in support of men and women who are seeking help with sober housing, work clothes, treatment costs and other items that help individuals be successful in their recovery. This year alone, the need is expected to **double**.

For more information about the STARS Program, contact Katie Padmore, Vice President of The STARS Program, at kpadmore@starsgrantrecovery.org or visit <http://starsgrantrecovery.org/>